MSSNL

FIELD GUIDE

Jesus & Unity

Learning to Live as One

Receive what Jesus has given. Carry differences faithfully. Live as one people.

Ryan Eldridge & Timothy Hall

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Jesus & Unity Field Guide

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This field guide is written for Christian discipleship, formation, church life, and practical application. It is designed to help readers receive the unity Jesus gives His people, carry real differences with humility, speak truth in love, disagree faithfully, forgive, pursue peace, protect people from harm, practice the one-another life, and participate in the shared witness of the Church.

Scripture references are provided for study, reflection, and application. Unless otherwise noted, references follow the English Standard Version (ESV). Readers are encouraged to open the Bible, pray, seek wise pastoral counsel, and practice these truths in healthy Christian community.

This guide does not replace Scripture, local church community, pastoral care, professional counseling, medical care, legal advice, emergency support, safeguarding responsibilities, or personal responsibility before God.

SAFETY AND WISDOM

Following Jesus toward unity never requires remaining in abuse, ignoring danger, silencing legitimate concern, protecting harmful leadership, bypassing appropriate reporting, or confusing forgiveness with reconciliation, trust, access, leadership restoration, or the removal of consequences. Seek appropriate pastoral, professional, legal, medical, child-protection, law-enforcement, or emergency support where needed.

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FORMATION FOUNDATION

How This Field Guide Works

Jesus & Unity is the book. This Field Guide helps you work its message into relationships, church life, disagreement, reconciliation, protection, shared mission, and hope.

The guide is built for formation, not completion. Each Guided Practice takes one chapter of Jesus & Unity and turns it into Scripture reflection, honest assessment, a reusable tool, one faithful response, prayer, and follow-through. Use it slowly. Return to the practices that expose what is true. Bring trusted people into the work when support would help.

Use It This Way	What To Do
Read and Apply	Read the matching book chapter first. Then use the Guided Practice to reflect, respond, and take one faithful step.
Use It on Its Own	Each practice includes Scripture, guided reflection, an Action Blueprint, a practical tool, and a clear response.
Walk Through It with Others	Use the trusted conversation page with a friend, mentor, pastor, spouse, small group, church team, cohort, or retreat. Listen, pray, and follow up.
Return to It	Repeat assessments and tools when relationships, roles, church seasons, pressure, or responsibility change.

The MSSNL Rhythm

Word	Wonder	Walk
Receive the truth of Scripture. Ask what it reveals about Jesus, His people, and a life under Christ.	Slow down and reflect honestly. Notice where truth meets pride, fear, conscience, relationships, harm, hope, and mission.	Turn reflection into faithful response through the assessment, practical tool, next step, prayer, and follow-through.

Move Through the Guide This Way

- ☐ Read Scripture slowly.
- ☐ Write only what helps you name the present season.
- ☐ Talk with a trusted person where support would help.
- ☐ Check what is true.
- ☐ Pray honestly.
- ☐ Take one faithful step.

You do not need perfect answers. You need an honest beginning and a faithful next step.

FORMATION PATHWAY

The Jesus & Unity Pathway

A formation journey inside the unity Jesus has already given His people.

Movement	Guided Practices	What It Forms
Receive the unity Jesus gives	01 - 03	Shared identity, peace through the cross, and one body with many members.
Practice the way of Jesus	04 - 05	Humility, truth, love, listening, and Christlike posture.
Discern differences faithfully	06 - 07	Theological weight, conscience, disagreement, and patient conviction.
Pursue peace with wisdom	08 - 09	Forgiveness, repair, safety, accountability, and protection.
Live as one people	10 - 11	The one-another life, witness, mission, and shared faithfulness.
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GROUP USE

A Covenant for Faithful Unity Work

Create a place where people can be known, heard, protected, challenged, and invited toward faithful obedience under Christ.

Commitment	What It Looks Like
Presence	Phones and distractions are set aside when possible. Attention is given.
Humility	We come to learn, not to prove that our tradition, experience, or conclusion should control the room.
Confidentiality	Only your own story leaves the room, except when safety, reporting, or legal responsibilities require appropriate action.
Truth + Grace	We speak honestly without humiliation, superiority, vague avoidance, or pressure to pretend agreement.
No Contempt	We do not mock, stereotype, assign motives, or reduce another Christian to a label.
Safety + Wisdom	Unity is never used to keep someone in danger, hide serious wrongdoing, prevent appropriate care, or protect harmful leadership.
No Forced Reconciliation	Forgiveness, reconciliation, trust, access, and restoration are not treated as the same thing.
Follow-Through	We end with one faithful response, one person who can help, and a clear time to return.

Questions That Help

- What is most true?
- What am I assuming?
- What would humility require?
- Is anyone being harmed?
- What does Scripture clearly say?
- What weight does this issue carry?
- What would love require?
- What would faithfulness to Jesus look like now?

BEFORE YOU BEGIN

Unity Baseline Assessment

Choose where to begin. Think about the last thirty days. Give each Guided Practice one overall score from 1 to 4 based on what is present in your life today. This is an honest starting picture, not a verdict.

HOW TO SCORE

1 = Needs Attention Now. This area feels hidden, inconsistent, avoided, or under pressure. 2 = Needs Support. You can see the issue, but need clearer practice, conversation, or help. 3 = Growing. This area is becoming healthier and more consistent. 4 = Strong and Steady. This area is clear, supported, and visible in daily life.

Guided Practice	Score 1-4	What Stands Out Most
01 The Unity We Receive	1 2 3 4	
02 Peace Through the Cross	1 2 3 4	
03 One Body, Many Members	1 2 3 4	
04 Walk With Humility	1 2 3 4	
05 Truth and Love	1 2 3 4	
06 What Matters Most	1 2 3 4	
07 When Christians Disagree	1 2 3 4	
08 Forgive and Pursue Peace	1 2 3 4	
09 Love Does Not Ignore Harm	1 2 3 4	
10 The One Another Life	1 2 3 4	
11 So the World May Believe	1 2 3 4	
12 A People From Every Nation	1 2 3 4	

Overall baseline score: _____ / 48

12-23	24-35	36-48
Needs focused care. Choose one area and bring a trusted person into the next step.	Building a healthier rhythm. Strengthen one practice and protect steady follow-through.	Strong and steady foundation. Guard what is working and remain open to honest feedback.

BEFORE YOU BEGIN

Choose Your First Focus

Begin with the place where truth, responsibility, safety, and the invitation of Jesus are becoming clearest.

- ☐ I will begin with my lowest score.
- ☐ I will begin with the place I have been avoiding.
- ☐ I will begin with the area affecting other people most.
- ☐ I will begin with the area creating the most pressure.
- ☐ I will begin with the place Jesus keeps bringing to mind.
- ☐ I will begin with the practice most connected to my present church or relationship season.

The Guided Practice I Will Begin With

One Faithful Response I Will Take This Week

OPENING PRAYER

Jesus, show me what is true. Give me humility to receive correction, courage to obey, wisdom to distinguish difference from danger, and love that refuses both contempt and compromise.

What I Hope God Will Form in Me

- ☐ A life rooted in the unity Jesus gives.
- ☐ Truth and love held together.
- ☐ Courage to forgive, repair, protect, and set boundaries wisely.
- ☐ A wider vision of Christ's Church.
- ☐ Humility that can remain teachable.
- ☐ Wisdom to weigh disagreements faithfully.
- ☐ A shared life that makes the love of Jesus visible.
- ☐ Faithful witness and mission with other believers.

GUIDED PRACTICE 01 / THE UNITY WE RECEIVE

The Unity We Receive

Receive unity as a gift in Christ before trying to manufacture agreement.

Book Connection

Chapter One: The Unity We Receive

Primary Scripture

Ephesians chapter 4, verses 3 through 6

Why This Practice Matters

Begin with what God has already given. See the Church as one people under one Lord, then notice where pride, fear, tribalism, or familiarity make that unity difficult to practice.

Choose How You Are Using This Practice

- ☐ I read the matching book chapter first.
- ☐ I am using this Field Guide on its own.
- ☐ I am working through this with a trusted person, group, or leader.

How to Use This Practice

Step	What To Do
1	Read the Scripture and short teaching slowly.
2	Check the responses that feel most true.
3	Move into Word and Wonder. Let the present area of formation become visible.
4	Use the Action Blueprint and practical tool to name one faithful next step.
5	Invite a trusted person into prayer, support, or follow-through where needed.

Suggested time: 45 to 75 minutes. You do not need to solve the whole issue today. Stay with what is most important. Receive grace. Take the next faithful step.

FORMATION MOVEMENTS

What You Will Work Through

Movement	Focus	What It Helps You Notice
01	Receive Before You Produce	Unity begins in God's action. We maintain what the Spirit gives rather than inventing a human version of oneness.
02	One Lord, One People	Let shared belonging to Jesus become more fundamental than style, background, personality, or church label.
03	See Beyond Your Familiar Circle	Recognize that no local church, denomination, movement, or teacher contains the whole Church.
04	Maintain Unity Truthfully	Pursue peace, prayer, repentance, and careful speech without hiding disagreement, sin, or legitimate concern.

BEFORE YOU CONTINUE

Which Movement Feels Most Important in My Present Season?

What Question, Relationship, or Concern Do I Want to Carry Into This Practice?

WORD • WONDER

Receive and Reflect

Begin with Scripture, then reflect honestly on where its truth meets your life. The next pages move into Walk, where reflection becomes faithful response.

Word

Reading: Ephesians chapter 4, verses 3 through 6. Open the passage in your Bible. Read it once without writing. Read it a second time and notice what it reveals about God, Jesus, His Church, people, and faithful life together.

Unity is received in Christ before it is practiced by Christians.	Difference is not the same thing as division.
Belonging to one Lord is deeper than belonging to one Christian tribe.	The Spirit of unity is also the Spirit of truth.
Local church commitment and wider-Church humility belong together.	Jesus remains the Head; none of us stands at the center.

One Phrase or Truth I Want to Carry Forward

Wonder

Choose the responses that fit your current season. Check one or two. Then write only where a few words help you name what is true.

- ☐ My view of the Church is shaped mostly by conflict I see online.
- ☐ I sometimes treat difference as evidence that unity has failed.
- ☐ I rarely pray for churches beyond my own.
- ☐ I trust believers who look and sound like my tradition more quickly.
- ☐ I have used “unity” to mean comfort or agreement.
- ☐ There is a person or Christian group I have learned to speak about with contempt.

The One Area I Want to Bring Honestly Before Jesus

What Do I Believe About God, Myself, or Other People in This Place?

What Truth From Scripture Do I Need to Receive?

WALK • THE ACTION BLUEPRINT

Make the Condition Visible

Walk turns reflection into faithful response. Begin by making the present condition visible.

Begin the Walk

Score the statements honestly. This is not a grade or a verdict. The Action Blueprint helps you see where support, conversation, or a clearer practice may be needed before choosing the next faithful step.

HOW TO SCORE

Think about your ordinary pattern during the past thirty days. Choose the number that is most true, not the number you wish were true. A lower score is not failure. It helps you identify where honest attention and one faithful next step are needed.

Statement	Score
I describe Christian unity as received in Christ, not produced by complete agreement.	1 2 3 4
I can recognize faithful believers beyond my familiar church tradition.	1 2 3 4
I can distinguish real difference from contempt, hostility, or unnecessary division.	1 2 3 4
I pursue unity without hiding truth, legitimate concern, or necessary boundaries.	1 2 3 4

My total: _____ / 16

Low | 4-6	Medium | 7-11	High | 12-16
Return to what God has already given in Christ. Name one place where tribal identity, contempt, or fear is stronger than shared belonging.	Unity is becoming clearer. Strengthen one prayer, relationship, or speech habit that helps you live what you have received.	Shared belonging is becoming a steady framework. Guard humility and remain open to correction from the wider body.

My Next Step

I May Bring This To

WALK • PRACTICAL TOOL

Unity Identity Map

Name the shared realities that come before your preferences. Then notice where fear, pride, or familiarity make them difficult to live.

How to use this tool: Start with one real example in each row. Use names, short phrases, recent situations, and simple observations. Do not try to complete every row. Focus on the places that help you see the present season more clearly.

AREA	WHAT TO NOTICE	WHAT TO ASK	MY NOTES / RESPONSE
One Lord	What does belonging to Jesus mean here?	Where am I tempted to center something else?	
One Gospel	What grace have I received?	Where am I acting superior?	
One Body	Who belongs with me in Christ?	Who is easy for me to dismiss?	
One Spirit	Where is the Spirit forming humility?	What response would protect truth and peace?	
My Local Church	What has God entrusted to me here?	How can I stay rooted without treating my part as the whole?	

WALK NOTE

Write only what helps you name the next faithful response. The goal is not to complete every box. It is to move from reflection into one clear act of faithfulness.

WALK • CHOOSE ONE FAITHFUL RESPONSE

Take the Next Honest Step

Walk turns what you have seen into a clear response. You do not need to solve every part of this practice today. Choose one step that helps you move toward faithfulness under Christ.

1. Name What You Are Responding To

- ☐ A Christian tribe that has become too central to my identity.
- ☐ A difference I have mistaken for division.
- ☐ A local church commitment I need to strengthen.
- ☐ Contempt toward another believer or tradition.
- ☐ A place where I need to speak truth rather than protect appearances.
- ☐ A wider-Church relationship I need to receive with humility.

2. Choose One Faithful Response

- ☐ Pray by name for another faithful local church this week.
- ☐ Stop repeating one dismissive label or joke.
- ☐ Confess one place where pride has distorted the way you see other Christians.
- ☐ Limit one online source that feeds contempt more than wisdom.
- ☐ Thank God for one gift another tradition brings to the wider Church.
- ☐ Ask a mature believer outside your usual circle what has shaped their faith.
- ☐ Take one concrete step toward deeper faithfulness in your own local church.
- ☐ Write one sentence beginning, “Because Jesus is Lord of His Church…”

3. Make It Simple Enough to Follow Through

My First Step

- ☐ I will begin today.
- ☐ I will begin this week.
- ☐ I will begin within two days.
- ☐ I will begin on this date: _____

The Person Who Can Help Me

WALK • PRAYER AND COMMUNITY

Bring This Into a Faithful Conversation

4. Name What You Hope God Will Grow

- ☐ Honesty
- ☐ Courage
- ☐ Humility
- ☐ Repair
- ☐ Clarity
- ☐ Peace
- ☐ Trust
- ☐ Faithfulness
- ☐ A stronger rhythm
- ☐ Hope

MY PRAYER

Jesus, You have one people. Free me from the need to place my church, tradition, preferences, or personality at the center. Teach me to receive what You have given and to live within it with truth, humility, courage, and love.

WALK • WITH A TRUSTED PERSON

Bring This Into a Faithful Conversation

Walk is strengthened by faithful community. Use this page when you need someone to listen, pray, ask honest questions, protect safety, test assumptions, or help you follow through.

What Kind of Support Do You Need?

- ☐ Someone to listen without fixing.
- ☐ Someone to ask honest questions.
- ☐ A follow-up conversation this week.
- ☐ Someone to pray with me.
- ☐ Help deciding what to do next.
- ☐ Pastoral or professional support.

Share in Three Simple Parts

Part	What to Share
1. What is happening?	Name the question, pressure, difference, relationship, suffering, harm, or concern.
2. What am I believing or doing?	Name the belief, fear, response, pattern, certainty, or place where faithfulness is difficult.
3. What is Jesus inviting?	Name the truth, surrender, confession, care step, boundary, repair, or faithful next step.

WALK • FOLLOW-THROUGH

Questions a Trusted Person Can Ask

- ☐ What feels most true right now?
- ☐ What do you believe about God in this place?
- ☐ What response would help you walk faithfully this week?
- ☐ What are you carrying alone?
- ☐ What truth from Jesus do you need to receive?
- ☐ How can I pray for you?

Practice-Specific Review

- ☐ Where did I notice contempt or defensiveness this week?
- ☐ Did I take one concrete step toward another believer or church with humility?
- ☐ What changed when I remembered that unity is received before it is practiced?
- ☐ What still needs prayer, truth, or a boundary?

The One Thing I Will Do Next

The Person Who Will Follow Up With Me

- ☐ We will reconnect within two days.
- ☐ We will reconnect next week.
- ☐ We will reconnect this week.
- ☐ We will reconnect on this date: _____

Prayer / Notes

GUIDED PRACTICE 02 / PEACE THROUGH THE CROSS

Peace Through the Cross

Let the cross become the place where pride loses its claim to a better seat.

Book Connection

Chapter Two: Peace Through the Cross

Primary Scripture

Ephesians chapter 2, verses 13 through 16

Why This Practice Matters

Remember that every Christian comes near by grace. Bring old hostility, superiority, and the need to win beneath the cross where Jesus Himself becomes our peace.

Choose How You Are Using This Practice

- ☐ I read the matching book chapter first.
- ☐ I am using this Field Guide on its own.
- ☐ I am working through this with a trusted person, group, or leader.

How to Use This Practice

Step	What To Do
1	Read the Scripture and short teaching slowly.
2	Check the responses that feel most true.
3	Move into Word and Wonder. Let the present area of formation become visible.
4	Use the Action Blueprint and practical tool to name one faithful next step.
5	Invite a trusted person into prayer, support, or follow-through where needed.

Suggested time: 45 to 75 minutes. You do not need to solve the whole issue today. Stay with what is most important. Receive grace. Take the next faithful step.

FORMATION MOVEMENTS

What You Will Work Through

Movement	Focus	What It Helps You Notice
01	Remember the Distance	Recall that none of us entered God's people by deserving a place.
02	Receive the Nearness	Let the blood of Christ, not similarity or spiritual status, define how near believers have been brought.
03	Name Real Hostility	Do not confuse peace with avoiding hard history, real tension, or necessary truth.
04	Stand at the Same Cross	Allow grace to dismantle superiority, scorekeeping, and the instinct to make another believer earn belonging.

BEFORE YOU CONTINUE

Which Movement Feels Most Important in My Present Season?

What Question, Relationship, or Concern Do I Want to Carry Into This Practice?

WORD • WONDER

Receive and Reflect

Begin with Scripture, then reflect honestly on where its truth meets your life. The next pages move into Walk, where reflection becomes faithful response.

Word

Reading: Ephesians chapter 2, verses 13 through 16. Open the passage in your Bible. Read it once without writing. Read it a second time and notice what it reveals about God, Jesus, His Church, people, and faithful life together.

Those who were far off have been brought near by the blood of Christ.	Jesus does more than give peace; He is our peace.
The cross confronts the belief that some believers deserve a better place.	Distance can be wise in unsafe situations, but distance alone is not reconciliation.
Peace does not erase history or truth.	Grace gives us a common place to stand.

One Phrase or Truth I Want to Carry Forward

Wonder

Choose the responses that fit your current season. Check one or two. Then write only where a few words help you name what is true.

- ☐ I keep score of who has been more faithful, informed, or mature.
- ☐ A past conflict still shapes how I see a person or group.
- ☐ I feel morally or spiritually superior to another Christian.
- ☐ I expect another believer to earn the welcome Jesus gave me.
- ☐ I confuse lack of contact with actual peace.
- ☐ There is a relationship where peace may require truth before closeness.

The One Area I Want to Bring Honestly Before Jesus

What Do I Believe About God, Myself, or Other People in This Place?

What Truth From Scripture Do I Need to Receive?

WALK • THE ACTION BLUEPRINT

Make the Condition Visible

Walk turns reflection into faithful response. Begin by making the present condition visible.

Begin the Walk

Score the statements honestly. This is not a grade or a verdict. The Action Blueprint helps you see where support, conversation, or a clearer practice may be needed before choosing the next faithful step.

HOW TO SCORE

Think about your ordinary pattern during the past thirty days. Choose the number that is most true, not the number you wish were true. A lower score is not failure. It helps you identify where honest attention and one faithful next step are needed.

Statement	Score
I remember that my place among God's people is received by grace.	1 2 3 4
I can name superiority or scorekeeping when it appears in me.	1 2 3 4
I can pursue peace without minimizing history, truth, or safety.	1 2 3 4
The cross shapes how I see believers from backgrounds different from mine.	1 2 3 4

My total: _____ / 16

Low | 4-6	Medium | 7-11	High | 12-16
Begin at the cross. Name one place where superiority, resentment, or scorekeeping is shaping your response.	Grace is becoming concrete. Practice one act that treats another believer as someone Christ has brought near.	The cross is functioning as a steady center. Guard humility and let grace keep shaping difficult relationships.

My Next Step

I May Bring This To

WALK • PRACTICAL TOOL

Cross and Peace Map

Bring one real tension beneath what Christ has done. Separate the history, the present reality, and the next faithful response.

How to use this tool: Start with one real example in each row. Use names, short phrases, recent situations, and simple observations. Do not try to complete every row. Focus on the places that help you see the present season more clearly.

AREA	WHAT TO NOTICE	WHAT TO ASK	MY NOTES / RESPONSE
Distance	What history or difference exists?	What must be told truthfully?	
Grace	How have I been brought near?	What claim to superiority must I release?	
Other Person	How might grace reshape the way I see them?	What dignity or belonging must I honor?	
Peace	What is possible now?	What cannot be forced?	
Next Step	What would faithfulness look like?	What support or boundary is needed?	

WALK NOTE

Write only what helps you name the next faithful response. The goal is not to complete every box. It is to move from reflection into one clear act of faithfulness.

WALK • CHOOSE ONE FAITHFUL RESPONSE

Take the Next Honest Step

Walk turns what you have seen into a clear response. You do not need to solve every part of this practice today. Choose one step that helps you move toward faithfulness under Christ.

1. Name What You Are Responding To

- ☐ Superiority I need to confess.
- ☐ A person I need to see first as someone Christ receives.
- ☐ A relationship where peace is possible but closeness may take time.
- ☐ A conflict I have reduced to “their problem.”
- ☐ A history or wound I need to name honestly.
- ☐ A boundary I need to maintain without revenge.

2. Choose One Faithful Response

- ☐ Read Ephesians chapter 2, verses 11 through 22 slowly.
- ☐ Ask one person how they experienced a conflict you remember differently.
- ☐ Take one safe step toward peace where repair is possible.
- ☐ Pray for a Christian you have reduced to a category.
- ☐ Write what the cross leaves you no room to boast about.
- ☐ Refuse one opportunity to score a point against another believer.
- ☐ Name one situation where peace requires wise distance rather than forced closeness.
- ☐ Thank Jesus for bringing you near by grace.

3. Make It Simple Enough to Follow Through

My First Step

- ☐ I will begin today.
- ☐ I will begin this week.
- ☐ I will begin within two days.
- ☐ I will begin on this date: _____

The Person Who Can Help Me

WALK • PRAYER AND COMMUNITY

Bring This Into a Faithful Conversation

4. Name What You Hope God Will Grow

- ☐ Honesty
- ☐ Courage
- ☐ Humility
- ☐ Repair
- ☐ Clarity
- ☐ Peace
- ☐ Trust
- ☐ Faithfulness
- ☐ A stronger rhythm
- ☐ Hope

MY PRAYER

Jesus, You are our peace. Bring my pride, resentment, and scorekeeping beneath Your cross. Teach me to tell the truth about what has happened while remembering that every place I have in Your people is received by grace.

WALK • WITH A TRUSTED PERSON

Bring This Into a Faithful Conversation

Walk is strengthened by faithful community. Use this page when you need someone to listen, pray, ask honest questions, protect safety, test assumptions, or help you follow through.

What Kind of Support Do You Need?

- ☐ Someone to listen without fixing.
- ☐ Someone to ask honest questions.
- ☐ A follow-up conversation this week.
- ☐ Someone to pray with me.
- ☐ Help deciding what to do next.
- ☐ Pastoral or professional support.

Share in Three Simple Parts

Part	What to Share
1. What is happening?	Name the question, pressure, difference, relationship, suffering, harm, or concern.
2. What am I believing or doing?	Name the belief, fear, response, pattern, certainty, or place where faithfulness is difficult.
3. What is Jesus inviting?	Name the truth, surrender, confession, care step, boundary, repair, or faithful next step.

WALK • FOLLOW-THROUGH

Questions a Trusted Person Can Ask

- ☐ What feels most true right now?
- ☐ What do you believe about God in this place?
- ☐ What response would help you walk faithfully this week?
- ☐ What are you carrying alone?
- ☐ What truth from Jesus do you need to receive?
- ☐ How can I pray for you?

Practice-Specific Review

- ☐ Where did pride or comparison show up?
- ☐ Did peace require movement, patience, or distance?
- ☐ What happened when I viewed the other person from the foot of the cross?
- ☐ What is the next faithful step?

The One Thing I Will Do Next

The Person Who Will Follow Up With Me

- ☐ We will reconnect within two days.
- ☐ We will reconnect next week.
- ☐ We will reconnect this week.
- ☐ We will reconnect on this date: _____

Prayer / Notes

GUIDED PRACTICE 03 / ONE BODY, MANY MEMBERS

One Body, Many Members

Receive difference as part of Christ's design and learn to need what you do not carry yourself.

Book Connection

Chapter Three: One Body, Many Members

Primary Scripture

First Corinthians chapter 12, verses 12 and 27

Why This Practice Matters

See the Church as one body with many members. Honor different gifts, receive help, contribute faithfully, and refuse the idea that visibility determines value.

Choose How You Are Using This Practice

- ☐ I read the matching book chapter first.
- ☐ I am using this Field Guide on its own.
- ☐ I am working through this with a trusted person, group, or leader.

How to Use This Practice

Step	What To Do
1	Read the Scripture and short teaching slowly.
2	Check the responses that feel most true.
3	Move into Word and Wonder. Let the present area of formation become visible.
4	Use the Action Blueprint and practical tool to name one faithful next step.
5	Invite a trusted person into prayer, support, or follow-through where needed.

Suggested time: 45 to 75 minutes. You do not need to solve the whole issue today. Stay with what is most important. Receive grace. Take the next faithful step.

FORMATION MOVEMENTS

What You Will Work Through

Movement	Focus	What It Helps You Notice
01	One Body	Receive shared belonging before comparing gifts, roles, personalities, or visibility.
02	Many Members	Let difference become part of the design rather than a problem to solve.
03	Honor What Is Unseen	Notice members whose contribution is quiet, costly, ordinary, or easily overlooked.
04	Give and Receive	Use what God has given you and allow other members to carry what you cannot.

BEFORE YOU CONTINUE

Which Movement Feels Most Important in My Present Season?

What Question, Relationship, or Concern Do I Want to Carry Into This Practice?

WORD • WONDER

Receive and Reflect

Begin with Scripture, then reflect honestly on where its truth meets your life. The next pages move into Walk, where reflection becomes faithful response.

Word

Reading: First Corinthians chapter 12, verses 12 and 27. Open the passage in your Bible. Read it once without writing. Read it a second time and notice what it reveals about God, Jesus, His Church, people, and faithful life together.

The body needs many members because Christ did not intend one person to carry the whole life of His Church.	Different gifts do not create different levels of belonging.
Visibility and platform are poor measures of importance.	Receiving help is part of belonging to a body.
Every member remains beneath Christ, the Head.	Unity does not require equal closeness, trust, access, or responsibility in every relationship.

One Phrase or Truth I Want to Carry Forward

Wonder

Choose the responses that fit your current season. Check one or two. Then write only where a few words help you name what is true.

- ☐ I compare my contribution with more visible people.
- ☐ I struggle to receive help.
- ☐ I have overlooked someone whose faithfulness is mostly unseen.
- ☐ I undervalue a gift that does not look impressive.
- ☐ I expect a pastor or a few leaders to carry too much.
- ☐ I need clearer boundaries around what is mine to carry.

The One Area I Want to Bring Honestly Before Jesus

What Do I Believe About God, Myself, or Other People in This Place?

What Truth From Scripture Do I Need to Receive?

WALK • THE ACTION BLUEPRINT

Make the Condition Visible

Walk turns reflection into faithful response. Begin by making the present condition visible.

Begin the Walk

Score the statements honestly. This is not a grade or a verdict. The Action Blueprint helps you see where support, conversation, or a clearer practice may be needed before choosing the next faithful step.

HOW TO SCORE

Think about your ordinary pattern during the past thirty days. Choose the number that is most true, not the number you wish were true. A lower score is not failure. It helps you identify where honest attention and one faithful next step are needed.

Statement	Score
I can name the contribution God has entrusted to me without comparing it constantly.	1 2 3 4
I can identify gifts and contributions in people who are less visible.	1 2 3 4
I receive help and correction from other members of the body.	1 2 3 4
I share responsibility rather than expecting a few people to carry the whole community.	1 2 3 4

My total: _____ / 16

Low | 4-6	Medium | 7-11	High | 12-16
Begin with belonging. Name one place where comparison, isolation, or over-responsibility is distorting your place in the body.	Your place in the body is becoming clearer. Strengthen one relationship of mutual giving and receiving.	Contribution and interdependence are becoming steady. Guard humility and keep honoring what is less visible.

My Next Step

I May Bring This To

WALK • PRACTICAL TOOL

Body Contribution Map

Make interdependence visible. Name what you carry, who you need, who may be overlooked, and what responsibility should be shared.

How to use this tool: Start with one real example in each row. Use names, short phrases, recent situations, and simple observations. Do not try to complete every row. Focus on the places that help you see the present season more clearly.

AREA	WHAT TO NOTICE	WHAT TO ASK	MY NOTES / RESPONSE
My Contribution	What has God given me to offer?	What would faithful use look like?	
People I Need	Who carries gifts I do not?	Where do I need to receive?	
Unseen Members	Who is easy to overlook?	How can I honor their contribution?	
Shared Responsibility	What is one person carrying alone?	What can be distributed?	
Boundaries	What is not mine to carry?	What is a healthy limit?	

WALK NOTE

Write only what helps you name the next faithful response. The goal is not to complete every box. It is to move from reflection into one clear act of faithfulness.

WALK • CHOOSE ONE FAITHFUL RESPONSE

Take the Next Honest Step

Walk turns what you have seen into a clear response. You do not need to solve every part of this practice today. Choose one step that helps you move toward faithfulness under Christ.

1. Name What You Are Responding To

- ☐ Comparison that makes my contribution feel small.
- ☐ An overlooked person I need to honor.
- ☐ A gift I have not practiced faithfully.
- ☐ Pride that makes receiving help difficult.
- ☐ A responsibility that should be shared.
- ☐ A place where I am carrying what belongs to someone else.

2. Choose One Faithful Response

- ☐ Name three gifts or contributions you see in people around you.
- ☐ Ask for help in one place you usually hide weakness.
- ☐ Practice one gift through a small act of service.
- ☐ Encourage a leader to share responsibility rather than carry it alone.
- ☐ Thank one person whose service is mostly unseen.
- ☐ Release one responsibility that should not depend entirely on you.
- ☐ Invite a quieter voice into a conversation or decision.
- ☐ Pray for your church as a body, not only for your personal needs.

3. Make It Simple Enough to Follow Through

My First Step

- ☐ I will begin today.
- ☐ I will begin this week.
- ☐ I will begin within two days.
- ☐ I will begin on this date: _____

The Person Who Can Help Me

WALK • PRAYER AND COMMUNITY

Bring This Into a Faithful Conversation

4. Name What You Hope God Will Grow

- ☐ Honesty
- ☐ Courage
- ☐ Humility
- ☐ Repair
- ☐ Clarity
- ☐ Peace
- ☐ Trust
- ☐ Faithfulness
- ☐ A stronger rhythm
- ☐ Hope

MY PRAYER

Jesus, You are the Head of Your body. Free me from comparison, self-importance, and isolation. Teach me to use what You have given me, receive what You give through others, and honor members whose faithfulness is easy to miss.

WALK • WITH A TRUSTED PERSON

Bring This Into a Faithful Conversation

Walk is strengthened by faithful community. Use this page when you need someone to listen, pray, ask honest questions, protect safety, test assumptions, or help you follow through.

What Kind of Support Do You Need?

- ☐ Someone to listen without fixing.
- ☐ Someone to ask honest questions.
- ☐ A follow-up conversation this week.
- ☐ Someone to pray with me.
- ☐ Help deciding what to do next.
- ☐ Pastoral or professional support.

Share in Three Simple Parts

Part	What to Share
1. What is happening?	Name the question, pressure, difference, relationship, suffering, harm, or concern.
2. What am I believing or doing?	Name the belief, fear, response, pattern, certainty, or place where faithfulness is difficult.
3. What is Jesus inviting?	Name the truth, surrender, confession, care step, boundary, repair, or faithful next step.

WALK • FOLLOW-THROUGH

Questions a Trusted Person Can Ask

- ☐ What feels most true right now?
- ☐ What do you believe about God in this place?
- ☐ What response would help you walk faithfully this week?
- ☐ What are you carrying alone?
- ☐ What truth from Jesus do you need to receive?
- ☐ How can I pray for you?

Practice-Specific Review

- ☐ Where did I notice someone else's gift this week?
- ☐ What responsibility became more shared?
- ☐ Where did I receive help instead of managing alone?
- ☐ What still needs clearer boundaries?

The One Thing I Will Do Next

The Person Who Will Follow Up With Me

- ☐ We will reconnect within two days.
- ☐ We will reconnect next week.
- ☐ We will reconnect this week.
- ☐ We will reconnect on this date: _____

Prayer / Notes

GUIDED PRACTICE 04 / WALK WITH HUMILITY

Walk With Humility

Let the mind and posture of Jesus reshape the way you carry conviction, correction, service, and influence.

Book Connection

Chapter Four: Walk With Humility

Primary Scripture

Philippians chapter 2, verses 3 through 5

Why This Practice Matters

Humility is not thinking less truthfully about yourself. It is learning to live under Jesus without needing to dominate, defend your image, or make every interaction about your place.

Choose How You Are Using This Practice

- ☐ I read the matching book chapter first.
- ☐ I am using this Field Guide on its own.
- ☐ I am working through this with a trusted person, group, or leader.

How to Use This Practice

Step	What To Do
1	Read the Scripture and short teaching slowly.
2	Check the responses that feel most true.
3	Move into Word and Wonder. Let the present area of formation become visible.
4	Use the Action Blueprint and practical tool to name one faithful next step.
5	Invite a trusted person into prayer, support, or follow-through where needed.

Suggested time: 45 to 75 minutes. You do not need to solve the whole issue today. Stay with what is most important. Receive grace. Take the next faithful step.

FORMATION MOVEMENTS

What You Will Work Through

Movement	Focus	What It Helps You Notice
01	Receive the Mind of Christ	Let Jesus define greatness through self-giving love rather than status or control.
02	Listen Before Defending	Slow down enough to hear what another person is actually saying before protecting your position.
03	Receive Correction	Separate your identity in Christ from the need to be right, impressive, or beyond challenge.
04	Serve Without Disappearing	Take the towel without confusing humility with passivity, self-erasure, or tolerating harm.

BEFORE YOU CONTINUE

Which Movement Feels Most Important in My Present Season?

What Question, Relationship, or Concern Do I Want to Carry Into This Practice?

WORD • WONDER

Receive and Reflect

Begin with Scripture, then reflect honestly on where its truth meets your life. The next pages move into Walk, where reflection becomes faithful response.

Word

Reading: Philippians chapter 2, verses 3 through 5. Open the passage in your Bible. Read it once without writing. Read it a second time and notice what it reveals about God, Jesus, His Church, people, and faithful life together.

Humility and conviction can exist together.	Jesus knew He was Lord and still took the towel.
Receiving correction does not erase identity; it can deepen faithfulness.	Gentleness is not weakness.
Serving does not require accepting manipulation or abuse.	Pride makes shared life smaller by leaving less room for correction, patience, and grace.

One Phrase or Truth I Want to Carry Forward

Wonder

Choose the responses that fit your current season. Check one or two. Then write only where a few words help you name what is true.

- ☐ Correction makes me immediately defensive.
- ☐ I need recognition for work that should be service.
- ☐ I dominate conversations when I feel certain.
- ☐ I speak more quickly when I feel misunderstood.
- ☐ I avoid a needed boundary because I think humility requires saying yes.
- ☐ There is someone whose perspective I have not seriously considered.

The One Area I Want to Bring Honestly Before Jesus

What Do I Believe About God, Myself, or Other People in This Place?

What Truth From Scripture Do I Need to Receive?

WALK • THE ACTION BLUEPRINT

Make the Condition Visible

Walk turns reflection into faithful response. Begin by making the present condition visible.

Begin the Walk

Score the statements honestly. This is not a grade or a verdict. The Action Blueprint helps you see where support, conversation, or a clearer practice may be needed before choosing the next faithful step.

HOW TO SCORE

Think about your ordinary pattern during the past thirty days. Choose the number that is most true, not the number you wish were true. A lower score is not failure. It helps you identify where honest attention and one faithful next step are needed.

Statement	Score
I can receive correction without treating it as a threat to my whole identity.	1 2 3 4
I listen long enough to understand before defending my position.	1 2 3 4
I can serve without needing recognition or control.	1 2 3 4
I can practice humility while still setting necessary boundaries.	1 2 3 4

My total: _____ / 16

Low | 4-6	Medium | 7-11	High | 12-16
Begin with one pressure point. Name what pride is protecting and invite another person to help you see it clearly.	Humility is becoming visible. Strengthen one practice of listening, receiving correction, or unseen service.	Humility is becoming a steady posture. Guard it by staying teachable and close to Jesus.

My Next Step

I May Bring This To

WALK • PRACTICAL TOOL

Humility Under Pressure Review

Use one recent moment of tension to see what happened beneath your response and choose a more faithful posture.

How to use this tool: Start with one real example in each row. Use names, short phrases, recent situations, and simple observations. Do not try to complete every row. Focus on the places that help you see the present season more clearly.

AREA	WHAT TO NOTICE	WHAT TO ASK	MY NOTES / RESPONSE
Trigger	What happened?	What did I feel I had to protect?	
Instinct	How did I respond first?	What did that response reveal?	
Pride / Fear	What desire, fear, or image was underneath?	What truth do I need to receive?	
Jesus' Way	What would humility look like without self-erasure?	What boundary or service may be needed?	
Next Response	What will I do or say?	Who can help me follow through?	

WALK NOTE

Write only what helps you name the next faithful response. The goal is not to complete every box. It is to move from reflection into one clear act of faithfulness.

WALK • CHOOSE ONE FAITHFUL RESPONSE

Take the Next Honest Step

Walk turns what you have seen into a clear response. You do not need to solve every part of this practice today. Choose one step that helps you move toward faithfulness under Christ.

1. Name What You Are Responding To

- ☐ A correction I am resisting.
- ☐ A desire for recognition.
- ☐ A person I have dismissed too quickly.
- ☐ A conversation where I need to listen longer.
- ☐ A place where I confuse humility with silence.
- ☐ A responsibility I can carry without controlling.

2. Choose One Faithful Response

- ☐ Ask one person, "What am I missing?" and listen without explaining.
- ☐ Serve in one unseen way this week.
- ☐ Apologize for one defensive or dismissive response.
- ☐ Pray Philippians chapter 2 before a difficult conversation.
- ☐ Receive one correction and wait before responding.
- ☐ Name one boundary that protects healthy responsibility rather than ego.
- ☐ Let another person lead something you usually control.
- ☐ Thank someone whose perspective has sharpened you.

3. Make It Simple Enough to Follow Through

My First Step

- ☐ I will begin today.
- ☐ I will begin this week.
- ☐ I will begin within two days.
- ☐ I will begin on this date: _____

The Person Who Can Help Me

WALK • PRAYER AND COMMUNITY

Bring This Into a Faithful Conversation

4. Name What You Hope God Will Grow

- ☐ Honesty
- ☐ Courage
- ☐ Humility
- ☐ Repair
- ☐ Clarity
- ☐ Peace
- ☐ Trust
- ☐ Faithfulness
- ☐ A stronger rhythm
- ☐ Hope

MY PRAYER

Jesus, You knew who You were and still took the towel. Form that freedom in me. Teach me to listen, receive correction, serve without control, and set wise boundaries without pride.

WALK • WITH A TRUSTED PERSON

Bring This Into a Faithful Conversation

Walk is strengthened by faithful community. Use this page when you need someone to listen, pray, ask honest questions, protect safety, test assumptions, or help you follow through.

What Kind of Support Do You Need?

- ☐ Someone to listen without fixing.
- ☐ Someone to ask honest questions.
- ☐ A follow-up conversation this week.
- ☐ Someone to pray with me.
- ☐ Help deciding what to do next.
- ☐ Pastoral or professional support.

Share in Three Simple Parts

Part	What to Share
1. What is happening?	Name the question, pressure, difference, relationship, suffering, harm, or concern.
2. What am I believing or doing?	Name the belief, fear, response, pattern, certainty, or place where faithfulness is difficult.
3. What is Jesus inviting?	Name the truth, surrender, confession, care step, boundary, repair, or faithful next step.

WALK • FOLLOW-THROUGH

Questions a Trusted Person Can Ask

- ☐ What feels most true right now?
- ☐ What do you believe about God in this place?
- ☐ What response would help you walk faithfully this week?
- ☐ What are you carrying alone?
- ☐ What truth from Jesus do you need to receive?
- ☐ How can I pray for you?

Practice-Specific Review

- ☐ Where did I feel the need to defend my image?
- ☐ What act of service was free from recognition?
- ☐ Did I listen before answering?
- ☐ What correction or boundary still needs attention?

The One Thing I Will Do Next

The Person Who Will Follow Up With Me

- ☐ We will reconnect within two days.
- ☐ We will reconnect next week.
- ☐ We will reconnect this week.
- ☐ We will reconnect on this date: _____

Prayer / Notes

GUIDED PRACTICE 05 / TRUTH AND LOVE

Truth and Love

Speak what is true in a way that seeks the other person's good and keeps Jesus at the center.

Book Connection

Chapter Five: Truth and Love

Primary Scripture

Ephesians chapter 4, verse 15

Why This Practice Matters

Refuse the false choice between conviction and care. Practice accurate listening, clear speech, courage, and love so truth is not used as a weapon and love is not used as an excuse to avoid truth.

Choose How You Are Using This Practice

- ☐ I read the matching book chapter first.
- ☐ I am using this Field Guide on its own.
- ☐ I am working through this with a trusted person, group, or leader.

How to Use This Practice

Step	What To Do
1	Read the Scripture and short teaching slowly.
2	Check the responses that feel most true.
3	Move into Word and Wonder. Let the present area of formation become visible.
4	Use the Action Blueprint and practical tool to name one faithful next step.
5	Invite a trusted person into prayer, support, or follow-through where needed.

Suggested time: 45 to 75 minutes. You do not need to solve the whole issue today. Stay with what is most important. Receive grace. Take the next faithful step.

FORMATION MOVEMENTS

What You Will Work Through

Movement	Focus	What It Helps You Notice
01	Receive Truth from Jesus	Let Scripture and the character of Christ shape what you call true.
02	Seek the Other Person's Good	Love is not agreement with everything; it wants what is good for another person according to God's truth.
03	Listen Accurately	Respond to what another person actually believes rather than to a version you created.
04	Speak Without Contempt	Tell the truth directly while refusing humiliation, superiority, exaggeration, or the need to win.

BEFORE YOU CONTINUE

Which Movement Feels Most Important in My Present Season?

What Question, Relationship, or Concern Do I Want to Carry Into This Practice?

WORD • WONDER

Receive and Reflect

Begin with Scripture, then reflect honestly on where its truth meets your life. The next pages move into Walk, where reflection becomes faithful response.

Word

Reading: Ephesians chapter 4, verse 15. Open the passage in your Bible. Read it once without writing. Read it a second time and notice what it reveals about God, Jesus, His Church, people, and faithful life together.

Truth and love belong together.	We should not need to misrepresent someone in order to correct them.
Listening can make conviction more honest because we respond to what is actually being said.	Love does not require silence when truth is needed.
Truth does not give permission for contempt.	The goal is faithfulness to Jesus and the good of the body, not victory in an argument.

One Phrase or Truth I Want to Carry Forward

Wonder

Choose the responses that fit your current season. Check one or two. Then write only where a few words help you name what is true.

- ☐ I soften truth until nothing clear is left.
- ☐ I respond to labels more than to what a person actually believes.
- ☐ I avoid a needed conversation because I want to be liked.
- ☐ I use strong language because it feels like courage.
- ☐ I listen mainly for the part I can correct.
- ☐ I have spoken accurately but without love.

The One Area I Want to Bring Honestly Before Jesus

What Do I Believe About God, Myself, or Other People in This Place?

What Truth From Scripture Do I Need to Receive?

WALK • THE ACTION BLUEPRINT

Make the Condition Visible

Walk turns reflection into faithful response. Begin by making the present condition visible.

Begin the Walk

Score the statements honestly. This is not a grade or a verdict. The Action Blueprint helps you see where support, conversation, or a clearer practice may be needed before choosing the next faithful step.

HOW TO SCORE

Think about your ordinary pattern during the past thirty days. Choose the number that is most true, not the number you wish were true. A lower score is not failure. It helps you identify where honest attention and one faithful next step are needed.

Statement	Score
I can state my concern clearly without exaggerating the other person's position.	1 2 3 4
I listen long enough to describe another person's view accurately.	1 2 3 4
I can speak difficult truth without contempt or humiliation.	1 2 3 4
I can show love without pretending every belief or behavior is equally faithful.	1 2 3 4

My total: _____ / 16

Low | 4-6	Medium | 7-11	High | 12-16
Choose one real conversation. Slow down enough to separate what is true from what you assume, then ask what love requires.	Truth and love are becoming more integrated. Strengthen accurate listening and one clear next sentence.	Conviction and care are becoming steady. Guard humility, accuracy, and a genuine desire for the other person's good.

My Next Step

I May Bring This To

WALK • PRACTICAL TOOL

Truth + Love Conversation Canvas

Prepare for one meaningful conversation. Separate Scripture, facts, assumptions, the other person's actual view, and the purpose of speaking.

How to use this tool: Start with one real example in each row. Use names, short phrases, recent situations, and simple observations. Do not try to complete every row. Focus on the places that help you see the present season more clearly.

AREA	WHAT TO NOTICE	WHAT TO ASK	MY NOTES / RESPONSE
Issue	What needs to be addressed?	What is the clearest sentence I can say?	
Scripture / Truth	What does Scripture clearly establish?	What am I inferring or applying?	
Facts	What do I know directly?	What might I be assuming?	
Other Person	What do they actually believe or intend?	What do I still need to ask?	
Love's Goal	What good am I seeking?	What would contempt sound like so I can avoid it?	

WALK NOTE

Write only what helps you name the next faithful response. The goal is not to complete every box. It is to move from reflection into one clear act of faithfulness.

WALK • CHOOSE ONE FAITHFUL RESPONSE

Take the Next Honest Step

Walk turns what you have seen into a clear response. You do not need to solve every part of this practice today. Choose one step that helps you move toward faithfulness under Christ.

1. Name What You Are Responding To

- ☐ A hard truth I have avoided.
- ☐ A conversation where I need to ask before correcting.
- ☐ A belief or behavior I need to address clearly.
- ☐ A person I have misrepresented.
- ☐ Words I need to repair.
- ☐ A relationship where care and conviction both matter.

2. Choose One Faithful Response

- ☐ Write the other person's view in words they would recognize as fair.
- ☐ Replace one loaded label with precise language.
- ☐ Apologize for a true point delivered with contempt.
- ☐ Read Ephesians chapter 4, verses 11 through 16 before the conversation.
- ☐ Ask two clarifying questions before offering your conclusion.
- ☐ Have one needed conversation privately and calmly.
- ☐ Name the good you want for the other person before you speak.
- ☐ Ask a trusted believer to review the tone and clarity of what you plan to say.

3. Make It Simple Enough to Follow Through

My First Step

- ☐ I will begin today.
- ☐ I will begin this week.
- ☐ I will begin within two days.
- ☐ I will begin on this date: _____

The Person Who Can Help Me

WALK • PRAYER AND COMMUNITY

Bring This Into a Faithful Conversation

4. Name What You Hope God Will Grow

- ☐ Honesty
- ☐ Courage
- ☐ Humility
- ☐ Repair
- ☐ Clarity
- ☐ Peace
- ☐ Trust
- ☐ Faithfulness
- ☐ A stronger rhythm
- ☐ Hope

MY PRAYER

Jesus, You are full of grace and truth. Keep me from using truth to wound or love to avoid faithfulness. Help me listen accurately, speak clearly, and seek the good of the person in front of me.

WALK • WITH A TRUSTED PERSON

Bring This Into a Faithful Conversation

Walk is strengthened by faithful community. Use this page when you need someone to listen, pray, ask honest questions, protect safety, test assumptions, or help you follow through.

What Kind of Support Do You Need?

- ☐ Someone to listen without fixing.
- ☐ Someone to ask honest questions.
- ☐ A follow-up conversation this week.
- ☐ Someone to pray with me.
- ☐ Help deciding what to do next.
- ☐ Pastoral or professional support.

Share in Three Simple Parts

Part	What to Share
1. What is happening?	Name the question, pressure, difference, relationship, suffering, harm, or concern.
2. What am I believing or doing?	Name the belief, fear, response, pattern, certainty, or place where faithfulness is difficult.
3. What is Jesus inviting?	Name the truth, surrender, confession, care step, boundary, repair, or faithful next step.

WALK • FOLLOW-THROUGH

Questions a Trusted Person Can Ask

- ☐ What feels most true right now?
- ☐ What do you believe about God in this place?
- ☐ What response would help you walk faithfully this week?
- ☐ What are you carrying alone?
- ☐ What truth from Jesus do you need to receive?
- ☐ How can I pray for you?

Practice-Specific Review

- ☐ Did I represent the other person accurately?
- ☐ Was my speech clear without contempt?
- ☐ What did I learn by listening before answering?
- ☐ What repair or follow-up is still needed?

The One Thing I Will Do Next

The Person Who Will Follow Up With Me

- ☐ We will reconnect within two days.
- ☐ We will reconnect next week.
- ☐ We will reconnect this week.
- ☐ We will reconnect on this date: _____

Prayer / Notes

GUIDED PRACTICE 06 / WHAT MATTERS MOST

What Matters Most

Give each question the weight Scripture gives it without making everything essential or nothing important.

Book Connection

Chapter Six: What Matters Most

Primary Scripture

First Corinthians chapter 15, verses 3 through 4

Why This Practice Matters

Learn to weigh doctrine, practice, conscience, and preference with humility. Keep the gospel at the center while taking important secondary convictions seriously.

Choose How You Are Using This Practice

- ☐ I read the matching book chapter first.
- ☐ I am using this Field Guide on its own.
- ☐ I am working through this with a trusted person, group, or leader.

How to Use This Practice

Step	What To Do
1	Read the Scripture and short teaching slowly.
2	Check the responses that feel most true.
3	Move into Word and Wonder. Let the present area of formation become visible.
4	Use the Action Blueprint and practical tool to name one faithful next step.
5	Invite a trusted person into prayer, support, or follow-through where needed.

Suggested time: 45 to 75 minutes. You do not need to solve the whole issue today. Stay with what is most important. Receive grace. Take the next faithful step.

FORMATION MOVEMENTS

What You Will Work Through

Movement	Focus	What It Helps You Notice
01	Return to the Center	Keep Christ's death, resurrection, lordship, and the gospel from being crowded out by lesser questions.
02	Ask How Clear Scripture Is	Distinguish what the text clearly teaches from what you infer, synthesize, or apply.
03	Name the Consequences	Some questions shape church life deeply without determining whether another person belongs to Christ.
04	Hold Certainty with Humility	Match the strength of your claim to the clarity of Scripture and the seriousness of what is at stake.

BEFORE YOU CONTINUE

Which Movement Feels Most Important in My Present Season?

What Question, Relationship, or Concern Do I Want to Carry Into This Practice?

WORD • WONDER

Receive and Reflect

Begin with Scripture, then reflect honestly on where its truth meets your life. The next pages move into Walk, where reflection becomes faithful response.

Word

Reading: First Corinthians chapter 15, verses 3 through 4. Open the passage in your Bible. Read it once without writing. Read it a second time and notice what it reveals about God, Jesus, His Church, people, and faithful life together.

Not every disagreement carries the same theological weight.	Calling an issue secondary does not mean calling it unimportant.
Preferences should not be promoted into tests of faithfulness.	The gospel has a center the Church did not invent.
Serious study and denominational conviction can exist alongside recognition of other faithful Christians.	Even discernment about doctrinal weight requires humility.

One Phrase or Truth I Want to Carry Forward

Wonder

Choose the responses that fit your current season. Check one or two. Then write only where a few words help you name what is true.

- ☐ A preference has become a test of maturity for me.
- ☐ I treat every disagreement as though the gospel is at stake.
- ☐ My church history makes one issue feel central to everyone.
- ☐ I use “secondary” to avoid studying an important issue.
- ☐ I am more certain than the Scripture itself requires me to be.
- ☐ I need help distinguishing consequence from centrality.

The One Area I Want to Bring Honestly Before Jesus

What Do I Believe About God, Myself, or Other People in This Place?

What Truth From Scripture Do I Need to Receive?

WALK • THE ACTION BLUEPRINT

Make the Condition Visible

Walk turns reflection into faithful response. Begin by making the present condition visible.

Begin the Walk

Score the statements honestly. This is not a grade or a verdict. The Action Blueprint helps you see where support, conversation, or a clearer practice may be needed before choosing the next faithful step.

HOW TO SCORE

Think about your ordinary pattern during the past thirty days. Choose the number that is most true, not the number you wish were true. A lower score is not failure. It helps you identify where honest attention and one faithful next step are needed.

Statement	Score
I can identify truths close to the center of the gospel without making every question equally central.	1 2 3 4
I can take important secondary convictions seriously without treating disagreement as automatic unbelief.	1 2 3 4
I can distinguish conscience or preference from a clear biblical command.	1 2 3 4
I can match my level of certainty to the clarity of Scripture and the consequences involved.	1 2 3 4

My total: _____ / 16

Low | 4-6	Medium | 7-11	High | 12-16
Choose one issue you tend to over- or under-weight. Return to Scripture and name what is clear, what is inferred, and what is at stake.	Discernment is becoming clearer. Strengthen your ability to explain both the importance of an issue and the limits of your certainty.	Theological proportion is becoming steady. Guard humility and keep the gospel center visible.

My Next Step

I May Bring This To

WALK • PRACTICAL TOOL

Weight of the Issue Matrix

Use this tool before deciding what a disagreement requires. It does not replace Scripture or church leadership; it slows down your judgment enough to weigh the issue faithfully.

How to use this tool: Start with one real example in each row. Use names, short phrases, recent situations, and simple observations. Do not try to complete every row. Focus on the places that help you see the present season more clearly.

AREA	WHAT TO NOTICE	WHAT TO ASK	MY NOTES / RESPONSE
Scripture Clarity	What does the text clearly say?	What am I inferring?	
Gospel Connection	How directly does this touch the identity or work of Jesus and the gospel?	Am I making the connection stronger than Scripture does?	
Consequences	What changes if this conclusion is wrong?	Who or what is affected?	
Church Practice	Does this shape worship, leadership, membership, or ministry enough to require organizational distinction?	Can fellowship still remain?	
Conscience / Preference	Is this a matter of conscience, method, culture, or preference?	What freedom or restraint may love require?	

WALK NOTE

Write only what helps you name the next faithful response. The goal is not to complete every box. It is to move from reflection into one clear act of faithfulness.

WALK • CHOOSE ONE FAITHFUL RESPONSE

Take the Next Honest Step

Walk turns what you have seen into a clear response. You do not need to solve every part of this practice today. Choose one step that helps you move toward faithfulness under Christ.

1. Name What You Are Responding To

- ☐ An issue I have made larger than Scripture makes it.
- ☐ A secondary conviction that still deserves serious study.
- ☐ A conscience matter where pressure needs to stop.
- ☐ An issue I have dismissed too quickly.
- ☐ A preference I have treated as faithfulness.
- ☐ A gospel question where clarity needs to increase.

2. Choose One Faithful Response

- ☐ Write what Scripture clearly says about one disputed issue.
- ☐ Ask what would have to be true for you to change your mind.
- ☐ Release one preference you have been treating as a biblical requirement.
- ☐ Ask a pastor or mature believer to test the weight you are giving the issue.
- ☐ Write separately what you infer or conclude from those texts.
- ☐ Explain your conviction to someone without questioning their faithfulness unnecessarily.
- ☐ Study one issue with a source from outside your usual tradition.
- ☐ Pray for humility before you discuss the issue publicly.

3. Make It Simple Enough to Follow Through

My First Step

- ☐ I will begin today.
- ☐ I will begin this week.
- ☐ I will begin within two days.
- ☐ I will begin on this date: _____

The Person Who Can Help Me

WALK • PRAYER AND COMMUNITY

Bring This Into a Faithful Conversation

4. Name What You Hope God Will Grow

- ☐ Honesty
- ☐ Courage
- ☐ Humility
- ☐ Repair
- ☐ Clarity
- ☐ Peace
- ☐ Trust
- ☐ Faithfulness
- ☐ A stronger rhythm
- ☐ Hope

MY PRAYER

Jesus, keep what You have placed at the center in the center. Give me courage where Scripture is clear, humility where faithful Christians differ, and wisdom to give each question the weight it deserves.

WALK • WITH A TRUSTED PERSON

Bring This Into a Faithful Conversation

Walk is strengthened by faithful community. Use this page when you need someone to listen, pray, ask honest questions, protect safety, test assumptions, or help you follow through.

What Kind of Support Do You Need?

- ☐ Someone to listen without fixing.
- ☐ Someone to ask honest questions.
- ☐ A follow-up conversation this week.
- ☐ Someone to pray with me.
- ☐ Help deciding what to do next.
- ☐ Pastoral or professional support.

Share in Three Simple Parts

Part	What to Share
1. What is happening?	Name the question, pressure, difference, relationship, suffering, harm, or concern.
2. What am I believing or doing?	Name the belief, fear, response, pattern, certainty, or place where faithfulness is difficult.
3. What is Jesus inviting?	Name the truth, surrender, confession, care step, boundary, repair, or faithful next step.

WALK • FOLLOW-THROUGH

Questions a Trusted Person Can Ask

- ☐ What feels most true right now?
- ☐ What do you believe about God in this place?
- ☐ What response would help you walk faithfully this week?
- ☐ What are you carrying alone?
- ☐ What truth from Jesus do you need to receive?
- ☐ How can I pray for you?

Practice-Specific Review

- ☐ Did I distinguish clear text from inference?
- ☐ Where did preference or church culture influence my certainty?
- ☐ Did I treat an important issue seriously without making it ultimate?
- ☐ What weight does the issue deserve now?

The One Thing I Will Do Next

The Person Who Will Follow Up With Me

- ☐ We will reconnect within two days.
- ☐ We will reconnect next week.
- ☐ We will reconnect this week.
- ☐ We will reconnect on this date: _____

Prayer / Notes

GUIDED PRACTICE 07 / WHEN CHRISTIANS DISAGREE

When Christians Disagree

Stand before one Lord with conviction, humility, and enough patience to keep disagreement from becoming contempt.

Book Connection

Chapter Seven: When Christians Disagree

Primary Scripture

Romans chapter 14, verse 19

Why This Practice Matters

Practice faithful disagreement. Respect conscience without making conscience final authority, listen accurately, and know when “agree to disagree” is insufficient because truth, sin, harm, or false teaching is involved.

Choose How You Are Using This Practice

- ☐ I read the matching book chapter first.
- ☐ I am using this Field Guide on its own.
- ☐ I am working through this with a trusted person, group, or leader.

How to Use This Practice

Step	What To Do
1	Read the Scripture and short teaching slowly.
2	Check the responses that feel most true.
3	Move into Word and Wonder. Let the present area of formation become visible.
4	Use the Action Blueprint and practical tool to name one faithful next step.
5	Invite a trusted person into prayer, support, or follow-through where needed.

Suggested time: 45 to 75 minutes. You do not need to solve the whole issue today. Stay with what is most important. Receive grace. Take the next faithful step.

FORMATION MOVEMENTS

What You Will Work Through

Movement	Focus	What It Helps You Notice
01	Stand Before the Lord	Remember that each believer is accountable to Jesus before being accountable to your approval.
02	Respect Conscience	Do not pressure someone casually to violate conscience, while remembering that conscience can grow under Scripture.
03	Disagree Without Contempt	Refuse ridicule, suspicion, and the need to control another believer's conclusion.
04	Know When More Is Required	Do not use Romans 14 to minimize clear sin, serious false teaching, exploitation, injustice, or danger.

BEFORE YOU CONTINUE

Which Movement Feels Most Important in My Present Season?

What Question, Relationship, or Concern Do I Want to Carry Into This Practice?

WORD • WONDER

Receive and Reflect

Begin with Scripture, then reflect honestly on where its truth meets your life. The next pages move into Walk, where reflection becomes faithful response.

Word

Reading: Romans chapter 14, verse 19. Open the passage in your Bible. Read it once without writing. Read it a second time and notice what it reveals about God, Jesus, His Church, people, and faithful life together.

Christians will disagree. Disagreement itself does not prove unity has failed.	Personal conviction is not automatically a universal command.
Conscience matters, but conscience remains beneath Scripture and Jesus.	A faithful description of another person's position is part of love.
Some disagreements shape church practice enough that organizational separation may be practical without hostility.	Serious sin or harm requires more than "agree to disagree."

One Phrase or Truth I Want to Carry Forward

Wonder

Choose the responses that fit your current season. Check one or two. Then write only where a few words help you name what is true.

- ☐ I assume strong conviction means everyone faithful should agree with me.
- ☐ I use "conscience" to avoid correction.
- ☐ A disagreement may require organizational separation but not hostility.
- ☐ I have pressured someone to act against conscience.
- ☐ I speak more harshly about people online than I would face-to-face.
- ☐ An issue I call "secondary" may involve harm or serious false teaching.

The One Area I Want to Bring Honestly Before Jesus

What Do I Believe About God, Myself, or Other People in This Place?

What Truth From Scripture Do I Need to Receive?

WALK • THE ACTION BLUEPRINT

Make the Condition Visible

Walk turns reflection into faithful response. Begin by making the present condition visible.

Begin the Walk

Score the statements honestly. This is not a grade or a verdict. The Action Blueprint helps you see where support, conversation, or a clearer practice may be needed before choosing the next faithful step.

HOW TO SCORE

Think about your ordinary pattern during the past thirty days. Choose the number that is most true, not the number you wish were true. A lower score is not failure. It helps you identify where honest attention and one faithful next step are needed.

Statement	Score
I can distinguish "I cannot do this in faith" from "No faithful Christian can do this."	1 2 3 4
I can disagree without despising or controlling another believer.	1 2 3 4
I respect conscience while remaining open to its formation under Scripture.	1 2 3 4
I can recognize when a disagreement involves sin, harm, or serious error and requires more than mutual tolerance.	1 2 3 4

My total: _____ / 16

Low | 4-6	Medium | 7-11	High | 12-16
Choose one real disagreement. Slow down, describe the other view accurately, and identify what kind of issue you are actually dealing with.	Faithful disagreement is becoming possible. Strengthen one habit of listening, conscience-respect, or non-contemptuous speech.	Disagreement is becoming more mature. Guard humility and remain willing to act clearly when the issue is not merely disputable.

My Next Step

I May Bring This To

WALK • PRACTICAL TOOL

Disagreement Discernment Pathway

Walk through these questions before deciding what faithfulness requires. The goal is not to force agreement but to keep conviction, conscience, truth, and love in their proper places.

How to use this tool: Start with one real example in each row. Use names, short phrases, recent situations, and simple observations. Do not try to complete every row. Focus on the places that help you see the present season more clearly.

AREA	WHAT TO NOTICE	WHAT TO ASK	MY NOTES / RESPONSE
Scripture	What does Scripture clearly say?	What am I inferring or applying?	
Certainty	How certain should I be?	What evidence would change my conclusion?	
Weight	What kind of consequence does this issue carry?	Does it affect gospel, holiness, church practice, conscience, or preference?	
Conscience	Can each person act in faith before Jesus?	Is anyone being pressured to violate conscience?	
Safety / Truth	Is there abuse, serious sin, false teaching, exploitation, or danger?	If yes, what stronger response is required?	

WALK NOTE

Write only what helps you name the next faithful response. The goal is not to complete every box. It is to move from reflection into one clear act of faithfulness.

WALK • CHOOSE ONE FAITHFUL RESPONSE

Take the Next Honest Step

Walk turns what you have seen into a clear response. You do not need to solve every part of this practice today. Choose one step that helps you move toward faithfulness under Christ.

1. Name What You Are Responding To

- ☐ A conscience issue I need to hold more carefully.
- ☐ A conviction I have treated as a universal command without enough support.
- ☐ A difference that may require separate church practice without hostility.
- ☐ A disagreement where I have become contemptuous.
- ☐ A person whose position I have not represented accurately.
- ☐ A serious issue where "agree to disagree" would be irresponsible.

2. Choose One Faithful Response

- ☐ State the other person's view in language they would affirm.
- ☐ Ask whether your conscience has been formed by Scripture, fear, habit, or group pressure.
- ☐ Ask a mature believer to test whether Romans 14 fits the issue.
- ☐ Pray for the person before speaking about the person.
- ☐ Write one sentence beginning, "I cannot do this in faith because..." without claiming more than Scripture supports.
- ☐ Stop one form of contemptuous speech about the disagreement.
- ☐ If harm or serious sin is involved, move from private debate toward appropriate accountability.
- ☐ Choose one way to remain charitable even if organizational separation remains necessary.

3. Make It Simple Enough to Follow Through

My First Step

- ☐ I will begin today.
- ☐ I will begin this week.
- ☐ I will begin within two days.
- ☐ I will begin on this date: _____

The Person Who Can Help Me

WALK • PRAYER AND COMMUNITY

Bring This Into a Faithful Conversation

4. Name What You Hope God Will Grow

- ☐ Honesty
- ☐ Courage
- ☐ Humility
- ☐ Repair
- ☐ Clarity
- ☐ Peace
- ☐ Trust
- ☐ Faithfulness
- ☐ A stronger rhythm
- ☐ Hope

MY PRAYER

Jesus, You are Lord of my conscience and Lord of the believer who disagrees with me. Give me conviction without contempt, patience without vagueness, and courage to recognize when an issue requires more than tolerance.

WALK • WITH A TRUSTED PERSON

Bring This Into a Faithful Conversation

Walk is strengthened by faithful community. Use this page when you need someone to listen, pray, ask honest questions, protect safety, test assumptions, or help you follow through.

What Kind of Support Do You Need?

- ☐ Someone to listen without fixing.
- ☐ Someone to ask honest questions.
- ☐ A follow-up conversation this week.
- ☐ Someone to pray with me.
- ☐ Help deciding what to do next.
- ☐ Pastoral or professional support.

Share in Three Simple Parts

Part	What to Share
1. What is happening?	Name the question, pressure, difference, relationship, suffering, harm, or concern.
2. What am I believing or doing?	Name the belief, fear, response, pattern, certainty, or place where faithfulness is difficult.
3. What is Jesus inviting?	Name the truth, surrender, confession, care step, boundary, repair, or faithful next step.

WALK • FOLLOW-THROUGH

Questions a Trusted Person Can Ask

- ☐ What feels most true right now?
- ☐ What do you believe about God in this place?
- ☐ What response would help you walk faithfully this week?
- ☐ What are you carrying alone?
- ☐ What truth from Jesus do you need to receive?
- ☐ How can I pray for you?

Practice-Specific Review

- ☐ Did I distinguish conscience from universal command?
- ☐ Where did contempt or control show up?
- ☐ Did I represent the other person accurately?
- ☐ Does this issue require tolerance, separation, correction, or protection?

The One Thing I Will Do Next

The Person Who Will Follow Up With Me

- ☐ We will reconnect within two days.
- ☐ We will reconnect next week.
- ☐ We will reconnect this week.
- ☐ We will reconnect on this date: _____

Prayer / Notes

GUIDED PRACTICE 08 / FORGIVE AND PURSUE PEACE

Forgive and Pursue Peace

Release vengeance to God, tell the truth about harm, and pursue peace without forcing trust or reconciliation.

Book Connection

Chapter Eight: Forgive and Pursue Peace

Primary Scripture

Romans chapter 12, verse 18

Why This Practice Matters

Receive the mercy of Jesus deeply enough to release revenge while maintaining wise distinctions between forgiveness, reconciliation, trust, access, consequences, and leadership restoration.

Choose How You Are Using This Practice

- ☐ I read the matching book chapter first.
- ☐ I am using this Field Guide on its own.
- ☐ I am working through this with a trusted person, group, or leader.

How to Use This Practice

Step	What To Do
1	Read the Scripture and short teaching slowly.
2	Check the responses that feel most true.
3	Move into Word and Wonder. Let the present area of formation become visible.
4	Use the Action Blueprint and practical tool to name one faithful next step.
5	Invite a trusted person into prayer, support, or follow-through where needed.

Suggested time: 45 to 75 minutes. You do not need to solve the whole issue today. Stay with what is most important. Receive grace. Take the next faithful step.

FORMATION MOVEMENTS

What You Will Work Through

Movement	Focus	What It Helps You Notice
01	Receive Mercy First	Forgiveness grows from remembering how much mercy we have received in Christ.
02	Release Vengeance	Place revenge and final judgment in God's hands rather than building life around making another person pay.
03	Pursue Peace Where Possible	Take responsibility for what depends on you without pretending peace can be produced by one person alone.
04	Rebuild Slowly and Wisely	Let truth, repentance, consistency, time, and safety shape reconciliation and trust.

BEFORE YOU CONTINUE

Which Movement Feels Most Important in My Present Season?

What Question, Relationship, or Concern Do I Want to Carry Into This Practice?

WORD • WONDER

Receive and Reflect

Begin with Scripture, then reflect honestly on where its truth meets your life. The next pages move into Walk, where reflection becomes faithful response.

Word

Reading: Romans chapter 12, verse 18. Open the passage in your Bible. Read it once without writing. Read it a second time and notice what it reveals about God, Jesus, His Church, people, and faithful life together.

Forgiveness is not the same thing as restored trust.	Reconciliation ordinarily requires truth, repentance, and willing participation from more than one person.
Trust may need to be rebuilt slowly.	Forgiveness does not remove consequences or automatically restore leadership.
Peace may include wise distance.	Releasing vengeance does not require pretending harm did not occur.

One Phrase or Truth I Want to Carry Forward

Wonder

Choose the responses that fit your current season. Check one or two. Then write only where a few words help you name what is true.

- ☐ I am still building part of my life around making someone pay.
- ☐ I have confused forgiveness with immediate access.
- ☐ I want reconciliation more quickly than the other person is willing to pursue truth.
- ☐ I feel pressure to trust before trust has been rebuilt.
- ☐ I need to own my part without taking responsibility for someone else's choices.
- ☐ A relationship may need peace with distance rather than restored closeness.

The One Area I Want to Bring Honestly Before Jesus

What Do I Believe About God, Myself, or Other People in This Place?

What Truth From Scripture Do I Need to Receive?

WALK • THE ACTION BLUEPRINT

Make the Condition Visible

Walk turns reflection into faithful response. Begin by making the present condition visible.

Begin the Walk

Score the statements honestly. This is not a grade or a verdict. The Action Blueprint helps you see where support, conversation, or a clearer practice may be needed before choosing the next faithful step.

HOW TO SCORE

Think about your ordinary pattern during the past thirty days. Choose the number that is most true, not the number you wish were true. A lower score is not failure. It helps you identify where honest attention and one faithful next step are needed.

Statement	Score
I can distinguish forgiveness from reconciliation, trust, access, and restored leadership.	1 2 3 4
I am working to release personal vengeance to God.	1 2 3 4
I pursue repair where possible without forcing another person's response.	1 2 3 4
I can maintain wise boundaries and consequences without treating them as revenge.	1 2 3 4

My total: _____ / 16

Low | 4-6	Medium | 7-11	High | 12-16
Begin with the distinction you most need. Name whether the present task is forgiveness, truth, repentance, safety, reconciliation, trust, or distance.	Peace is becoming more concrete. Strengthen one truthful, non-retaliatory step and allow trust to grow at an honest pace.	Forgiveness and wisdom are staying together. Guard against pressure to rush reconciliation or use boundaries as revenge.

My Next Step

I May Bring This To

WALK • PRACTICAL TOOL

Forgiveness, Trust + Repair Map

Separate relational categories that are often collapsed. Write only what is true now; do not force movement that repentance, safety, or time do not support.

How to use this tool: Start with one real example in each row. Use names, short phrases, recent situations, and simple observations. Do not try to complete every row. Focus on the places that help you see the present season more clearly.

AREA	WHAT TO NOTICE	WHAT TO ASK	MY NOTES / RESPONSE
Forgiveness	What vengeance do I need to release?	What does forgiveness not require here?	
Truth	What happened and what must be named?	Who needs to know?	
Repentance	What ownership or change is present?	What evidence is still needed?	
Reconciliation	Is willing participation present on both sides?	What level of relationship is realistic now?	
Trust / Access	What has been earned over time?	What boundary protects faithfulness?	

WALK NOTE

Write only what helps you name the next faithful response. The goal is not to complete every box. It is to move from reflection into one clear act of faithfulness.

WALK • CHOOSE ONE FAITHFUL RESPONSE

Take the Next Honest Step

Walk turns what you have seen into a clear response. You do not need to solve every part of this practice today. Choose one step that helps you move toward faithfulness under Christ.

1. Name What You Are Responding To

- ☐ Vengeance I need to release.
- ☐ My own part I need to confess.
- ☐ A relationship where reconciliation may be possible.
- ☐ A truth that needs to be named without exaggeration.
- ☐ Pressure to restore trust too quickly.
- ☐ A relationship where peace currently requires distance.

2. Choose One Faithful Response

- ☐ Pray honestly about the desire for revenge without pretending it is absent.
- ☐ Confess your part without adding a defense.
- ☐ Keep one boundary that protects people while refusing retaliatory behavior.
- ☐ Stop using access as proof that you have forgiven.
- ☐ Write what forgiveness means in this situation and what it does not mean.
- ☐ Take one safe repair step where the other person is willing.
- ☐ Ask a pastor, counselor, or wise believer to help separate forgiveness from trust.
- ☐ Entrust final judgment to God in prayer.

3. Make It Simple Enough to Follow Through

My First Step

- ☐ I will begin today.
- ☐ I will begin this week.
- ☐ I will begin within two days.
- ☐ I will begin on this date: _____

The Person Who Can Help Me

WALK • PRAYER AND COMMUNITY

Bring This Into a Faithful Conversation

4. Name What You Hope God Will Grow

- ☐ Honesty
- ☐ Courage
- ☐ Humility
- ☐ Repair
- ☐ Clarity
- ☐ Peace
- ☐ Trust
- ☐ Faithfulness
- ☐ A stronger rhythm
- ☐ Hope

MY PRAYER

Jesus, You have shown me mercy I could not earn. Help me release vengeance to God, tell the truth without revenge, own what belongs to me, and pursue peace without forcing trust, access, or reconciliation that has not yet been rebuilt.

WALK • WITH A TRUSTED PERSON

Bring This Into a Faithful Conversation

Walk is strengthened by faithful community. Use this page when you need someone to listen, pray, ask honest questions, protect safety, test assumptions, or help you follow through.

What Kind of Support Do You Need?

- ☐ Someone to listen without fixing.
- ☐ Someone to ask honest questions.
- ☐ A follow-up conversation this week.
- ☐ Someone to pray with me.
- ☐ Help deciding what to do next.
- ☐ Pastoral or professional support.

Share in Three Simple Parts

Part	What to Share
1. What is happening?	Name the question, pressure, difference, relationship, suffering, harm, or concern.
2. What am I believing or doing?	Name the belief, fear, response, pattern, certainty, or place where faithfulness is difficult.
3. What is Jesus inviting?	Name the truth, surrender, confession, care step, boundary, repair, or faithful next step.

WALK • FOLLOW-THROUGH

Questions a Trusted Person Can Ask

- ☐ What feels most true right now?
- ☐ What do you believe about God in this place?
- ☐ What response would help you walk faithfully this week?
- ☐ What are you carrying alone?
- ☐ What truth from Jesus do you need to receive?
- ☐ How can I pray for you?

Practice-Specific Review

- ☐ What did I release to God this week?
- ☐ Did I confuse forgiveness with access or trust?
- ☐ What truth became clearer?
- ☐ What pace of repair is wise now?

The One Thing I Will Do Next

The Person Who Will Follow Up With Me

- ☐ We will reconnect within two days.
- ☐ We will reconnect next week.
- ☐ We will reconnect this week.
- ☐ We will reconnect on this date: _____

Prayer / Notes

GUIDED PRACTICE 09 / LOVE DOES NOT IGNORE HARM

Love Does Not Ignore Harm

Protect the life of the body by bringing darkness into the light and refusing to use unity as a reason for silence.

Book Connection

Chapter Nine: Love Does Not Ignore Harm

Primary Scripture

Acts chapter 20, verses 28 through 29

Why This Practice Matters

Learn to distinguish ordinary conflict from serious harm. Protect vulnerable people, respond responsibly to allegations, use outside help when needed, and keep leadership accountable to Christ.

Choose How You Are Using This Practice

- ☐ I read the matching book chapter first.
- ☐ I am using this Field Guide on its own.
- ☐ I am working through this with a trusted person, group, or leader.

How to Use This Practice

Step	What To Do
1	Read the Scripture and short teaching slowly.
2	Check the responses that feel most true.
3	Move into Word and Wonder. Let the present area of formation become visible.
4	Use the Action Blueprint and practical tool to name one faithful next step.
5	Invite a trusted person into prayer, support, or follow-through where needed.

Suggested time: 45 to 75 minutes. You do not need to solve the whole issue today. Stay with what is most important. Receive grace. Take the next faithful step.

FORMATION MOVEMENTS

What You Will Work Through

Movement	Focus	What It Helps You Notice
01	Name the Situation Truthfully	Do not call ordinary discomfort abuse, and do not reduce real abuse to a communication problem.
02	Protect Before Preserving Image	The Church belongs to Jesus; institutional reputation never outranks people's safety.
03	Use Appropriate Accountability	Serious harm may require leaders, boards, denominational structures, trained professionals, or civil authorities.
04	Hold Fairness and Protection Together	Responsible response listens, protects against retaliation, gathers evidence, and refuses both careless accusation and careless dismissal.

BEFORE YOU CONTINUE

Which Movement Feels Most Important in My Present Season?

What Question, Relationship, or Concern Do I Want to Carry Into This Practice?

WORD • WONDER

Receive and Reflect

Begin with Scripture, then reflect honestly on where its truth meets your life. The next pages move into Walk, where reflection becomes faithful response.

Word

Reading: Acts chapter 20, verses 28 through 29. Open the passage in your Bible. Read it once without writing. Read it a second time and notice what it reveals about God, Jesus, His Church, people, and faithful life together.

Every disagreement is not abuse, and every strong personality is not manipulative.	Real abuse, coercion, violence, sexual misconduct, exploitation, or serious spiritual control requires more than ordinary conflict tools.
Matthew 18 should not be weaponized to force unsafe private confrontation.	A victim does not need two eyewitnesses before anyone will listen.
Forgiveness does not automatically restore leadership.	The Church is not a substitute for law enforcement, medical care, counseling, or child-protection responsibilities.

One Phrase or Truth I Want to Carry Forward

Wonder

Choose the responses that fit your current season. Check one or two. Then write only where a few words help you name what is true.

- ☐ I tend to minimize harm because conflict makes me uncomfortable.
- ☐ A leader's gifting or success makes accountability harder.
- ☐ A situation may require outside professional or civil help.
- ☐ I use safety language too broadly to avoid ordinary correction.
- ☐ Someone may fear retaliation if they speak honestly.
- ☐ I need to distinguish confidentiality from secrecy.

The One Area I Want to Bring Honestly Before Jesus

What Do I Believe About God, Myself, or Other People in This Place?

What Truth From Scripture Do I Need to Receive?

WALK • THE ACTION BLUEPRINT

Make the Condition Visible

Walk turns reflection into faithful response. Begin by making the present condition visible.

Begin the Walk

Score the statements honestly. This is not a grade or a verdict. The Action Blueprint helps you see where support, conversation, or a clearer practice may be needed before choosing the next faithful step.

HOW TO SCORE

Think about your ordinary pattern during the past thirty days. Choose the number that is most true, not the number you wish were true. A lower score is not failure. It helps you identify where honest attention and one faithful next step are needed.

Statement	Score
I can distinguish ordinary conflict from serious harm or danger.	1 2 3 4
I know that safety, reporting, and outside help can be faithful Christian responses.	1 2 3 4
I do not treat apology or forgiveness as automatic restoration of trust or leadership.	1 2 3 4
I can support a fair process that protects people from retaliation while facts are gathered.	1 2 3 4

My total: _____ / 16

Low | 4-6	Medium | 7-11	High | 12-16
If danger, abuse, a child or vulnerable person, a credible threat, or possible crime is involved, begin with safety and appropriate qualified help rather than a private relational process.	Discernment is becoming clearer. Strengthen reporting, documentation, outside support, or accountability where needed.	Protection and fairness are staying together. Guard against image management, retaliation, cynicism, and overreach.

My Next Step

I May Bring This To

WALK • PRACTICAL TOOL

Harm, Safety + Accountability Map

Use this tool only to organize next steps. It is not a substitute for emergency response, mandated reporting, law enforcement, legal counsel, medical care, counseling, or qualified safeguarding professionals.

How to use this tool: Start with one real example in each row. Use names, short phrases, recent situations, and simple observations. Do not try to complete every row. Focus on the places that help you see the present season more clearly.

AREA	WHAT TO NOTICE	WHAT TO ASK	MY NOTES / RESPONSE
Immediate Safety	Is anyone in danger now?	What protective action is needed today?	
Pattern / Power	Is there coercion, intimidation, exploitation, repeated control, or retaliation?	What should be documented?	
Who Must Know	Who has legitimate responsibility to act?	What privacy should be protected?	
Outside Help	Do law enforcement, child protection, medical, counseling, legal, HR, or denominational resources need involvement?	Who will make contact?	
Church Response	What pastoral care, investigation, discipline, boundary, or removal may be required?	How will retaliation be prevented?	

WALK NOTE

Write only what helps you name the next faithful response. The goal is not to complete every box. It is to move from reflection into one clear act of faithfulness.

WALK • CHOOSE ONE FAITHFUL RESPONSE

Take the Next Honest Step

Walk turns what you have seen into a clear response. You do not need to solve every part of this practice today. Choose one step that helps you move toward faithfulness under Christ.

1. Name What You Are Responding To

- ☐ A situation I may be minimizing.
- ☐ A concern involving a power imbalance.
- ☐ A leader who needs independent accountability.
- ☐ A situation I may be labeling too quickly.
- ☐ A report that needs to be heard responsibly.
- ☐ A person who needs safety before reconciliation is discussed.

2. Choose One Faithful Response

- ☐ If someone is in immediate danger, contact appropriate emergency help.
- ☐ Identify who has responsibility to receive or report the concern.
- ☐ Seek outside professional or civil support where the situation exceeds church competence.
- ☐ Ask whether the accused person controls the process; if so, change the process.
- ☐ Write down facts you know directly and separate them from assumptions.
- ☐ Do not require a vulnerable person to confront the alleged offender alone.
- ☐ Protect confidentiality without using secrecy to shield wrongdoing.
- ☐ Pray for truth, protection, repentance, and justice without predetermining facts you do not know.

3. Make It Simple Enough to Follow Through

My First Step

- ☐ I will begin today.
- ☐ I will begin this week.
- ☐ I will begin within two days.
- ☐ I will begin on this date: _____

The Person Who Can Help Me

WALK • PRAYER AND COMMUNITY

Bring This Into a Faithful Conversation

4. Name What You Hope God Will Grow

- ☐ Honesty
- ☐ Courage
- ☐ Humility
- ☐ Repair
- ☐ Clarity
- ☐ Peace
- ☐ Trust
- ☐ Faithfulness
- ☐ A stronger rhythm
- ☐ Hope

MY PRAYER

Jesus, Your Church belongs to You. Give us courage to tell the truth, wisdom to distinguish ordinary conflict from serious harm, and faithfulness to protect people without careless accusation, institutional self-protection, or fear.

WALK • WITH A TRUSTED PERSON

Bring This Into a Faithful Conversation

Walk is strengthened by faithful community. Use this page when you need someone to listen, pray, ask honest questions, protect safety, test assumptions, or help you follow through.

What Kind of Support Do You Need?

- ☐ Someone to listen without fixing.
- ☐ Someone to ask honest questions.
- ☐ A follow-up conversation this week.
- ☐ Someone to pray with me.
- ☐ Help deciding what to do next.
- ☐ Pastoral or professional support.

Share in Three Simple Parts

Part	What to Share
1. What is happening?	Name the question, pressure, difference, relationship, suffering, harm, or concern.
2. What am I believing or doing?	Name the belief, fear, response, pattern, certainty, or place where faithfulness is difficult.
3. What is Jesus inviting?	Name the truth, surrender, confession, care step, boundary, repair, or faithful next step.

WALK • FOLLOW-THROUGH

Questions a Trusted Person Can Ask

- ☐ What feels most true right now?
- ☐ What do you believe about God in this place?
- ☐ What response would help you walk faithfully this week?
- ☐ What are you carrying alone?
- ☐ What truth from Jesus do you need to receive?
- ☐ How can I pray for you?

Practice-Specific Review

- ☐ Was safety treated as more important than image?
- ☐ Did the right people or authorities become involved?
- ☐ Were facts separated from assumptions?
- ☐ What protection, accountability, or follow-through is still needed?

The One Thing I Will Do Next

The Person Who Will Follow Up With Me

- ☐ We will reconnect within two days.
- ☐ We will reconnect next week.
- ☐ We will reconnect this week.
- ☐ We will reconnect on this date: _____

Prayer / Notes

GUIDED PRACTICE 10 / THE ONE ANOTHER LIFE

The One Another Life

Turn the truth of one body into ordinary habits of honor, presence, hospitality, truth, service, and care.

Book Connection

Chapter Ten: The One Another Life

Primary Scripture

Romans chapter 12, verses 9 through 10

Why This Practice Matters

Move unity out of theory and into shared life. Practice the “one another” commands in ways that are concrete, sustainable, reciprocal, and wise.

Choose How You Are Using This Practice

- ☐ I read the matching book chapter first.
- ☐ I am using this Field Guide on its own.
- ☐ I am working through this with a trusted person, group, or leader.

How to Use This Practice

Step	What To Do
1	Read the Scripture and short teaching slowly.
2	Check the responses that feel most true.
3	Move into Word and Wonder. Let the present area of formation become visible.
4	Use the Action Blueprint and practical tool to name one faithful next step.
5	Invite a trusted person into prayer, support, or follow-through where needed.

Suggested time: 45 to 75 minutes. You do not need to solve the whole issue today. Stay with what is most important. Receive grace. Take the next faithful step.

FORMATION MOVEMENTS

What You Will Work Through

Movement	Focus	What It Helps You Notice
01	Honor People	Notice dignity before status and make room for people who are easily overlooked.
02	Carry Burdens Together	Help with what is too heavy without taking over another person's responsibility.
03	Practice Truthful Community	Create relationships where confession, correction, encouragement, prayer, and generosity can be real.
04	Give and Receive	Allow seasons of strength and weakness to change what you offer without changing your belonging.

BEFORE YOU CONTINUE

Which Movement Feels Most Important in My Present Season?

What Question, Relationship, or Concern Do I Want to Carry Into This Practice?

WORD • WONDER

Receive and Reflect

Begin with Scripture, then reflect honestly on where its truth meets your life. The next pages move into Walk, where reflection becomes faithful response.

Word

Reading: Romans chapter 12, verses 9 through 10. Open the passage in your Bible. Read it once without writing. Read it a second time and notice what it reveals about God, Jesus, His Church, people, and faithful life together.

Genuine love moves closer by noticing people and making room.	Hospitality is larger than hosting an impressive meal.
Bearing burdens requires enough relationship to know that the burden exists.	Community does not remove personal responsibility.
Encouragement helps someone keep following Jesus.	A person's belonging is not measured by output.

One Phrase or Truth I Want to Carry Forward

Wonder

Choose the responses that fit your current season. Check one or two. Then write only where a few words help you name what is true.

- ☐ My schedule leaves little room for interruption.
- ☐ Someone near me is carrying a burden I have not noticed.
- ☐ I need to practice truth or confession with someone trustworthy.
- ☐ I am more comfortable helping than receiving help.
- ☐ I keep Christian relationships polite but shallow.
- ☐ The same few people are carrying too much in my church or group.

The One Area I Want to Bring Honestly Before Jesus

What Do I Believe About God, Myself, or Other People in This Place?

What Truth From Scripture Do I Need to Receive?

WALK • THE ACTION BLUEPRINT

Make the Condition Visible

Walk turns reflection into faithful response. Begin by making the present condition visible.

Begin the Walk

Score the statements honestly. This is not a grade or a verdict. The Action Blueprint helps you see where support, conversation, or a clearer practice may be needed before choosing the next faithful step.

HOW TO SCORE

Think about your ordinary pattern during the past thirty days. Choose the number that is most true, not the number you wish were true. A lower score is not failure. It helps you identify where honest attention and one faithful next step are needed.

Statement	Score
I make room in ordinary life for people beyond my closest circle.	1 2 3 4
I can both offer and receive practical care without shame or control.	1 2 3 4
I have relationships where truth, confession, encouragement, and prayer can be honest.	1 2 3 4
I help distribute responsibility rather than expecting a few people to carry the whole community.	1 2 3 4

My total: _____ / 16

Low | 4-6	Medium | 7-11	High | 12-16
Choose one "one another" practice and one real person. Make the response small enough to do this week.	Shared life is becoming more visible. Strengthen one rhythm of presence, hospitality, burden-bearing, or encouragement.	The one-another life is becoming steady. Guard against busyness, self-sufficiency, and uneven responsibility.

My Next Step

I May Bring This To

WALK • PRACTICAL TOOL

One Another Life Inventory

Review the ordinary practices that make shared belonging visible. Choose one area to strengthen rather than trying to improve everything at once.

How to use this tool: Start with one real example in each row. Use names, short phrases, recent situations, and simple observations. Do not try to complete every row. Focus on the places that help you see the present season more clearly.

AREA	WHAT TO NOTICE	WHAT TO ASK	MY NOTES / RESPONSE
Honor	Who is easy to overlook?	What act of recognition is needed?	
Hospitality	Where can I make room?	What form fits my season and capacity?	
Burdens	Who is carrying something heavy?	What can I help carry without taking over?	
Encouragement / Truth	Who needs courage, prayer, or a faithful word?	What should I say or ask?	
Receiving	Where do I need to let someone care for me?	What help will I accept?	

WALK NOTE

Write only what helps you name the next faithful response. The goal is not to complete every box. It is to move from reflection into one clear act of faithfulness.

WALK • CHOOSE ONE FAITHFUL RESPONSE

Take the Next Honest Step

Walk turns what you have seen into a clear response. You do not need to solve every part of this practice today. Choose one step that helps you move toward faithfulness under Christ.

1. Name What You Are Responding To

- ☐ A person I have overlooked.
- ☐ A place where I need to receive help.
- ☐ A habit of busyness that leaves no margin for people.
- ☐ A burden I can help carry.
- ☐ A relationship that needs more honesty.
- ☐ A shared responsibility that needs wider participation.

2. Choose One Faithful Response

- ☐ Invite one person to a meal, coffee, walk, or conversation.
- ☐ Ask someone directly what burden would be helpful to share.
- ☐ Create one weekly block of relational margin.
- ☐ Take one unnoticed service task without needing recognition.
- ☐ Send one specific encouragement naming grace you see.
- ☐ Receive one offer of help without apologizing for needing it.
- ☐ Confess one struggle to a trustworthy believer and ask for prayer.
- ☐ Ask whether the same few people are carrying too much and help redistribute one responsibility.

3. Make It Simple Enough to Follow Through

My First Step

- ☐ I will begin today.
- ☐ I will begin this week.
- ☐ I will begin within two days.
- ☐ I will begin on this date: _____

The Person Who Can Help Me

WALK • PRAYER AND COMMUNITY

Bring This Into a Faithful Conversation

4. Name What You Hope God Will Grow

- ☐ Honesty
- ☐ Courage
- ☐ Humility
- ☐ Repair
- ☐ Clarity
- ☐ Peace
- ☐ Trust
- ☐ Faithfulness
- ☐ A stronger rhythm
- ☐ Hope

MY PRAYER

Jesus, teach me to love Your people in ordinary life. Make me attentive enough to notice, humble enough to receive, generous enough to serve, and truthful enough to let real community form around You.

WALK • WITH A TRUSTED PERSON

Bring This Into a Faithful Conversation

Walk is strengthened by faithful community. Use this page when you need someone to listen, pray, ask honest questions, protect safety, test assumptions, or help you follow through.

What Kind of Support Do You Need?

- ☐ Someone to listen without fixing.
- ☐ Someone to ask honest questions.
- ☐ A follow-up conversation this week.
- ☐ Someone to pray with me.
- ☐ Help deciding what to do next.
- ☐ Pastoral or professional support.

Share in Three Simple Parts

Part	What to Share
1. What is happening?	Name the question, pressure, difference, relationship, suffering, harm, or concern.
2. What am I believing or doing?	Name the belief, fear, response, pattern, certainty, or place where faithfulness is difficult.
3. What is Jesus inviting?	Name the truth, surrender, confession, care step, boundary, repair, or faithful next step.

WALK • FOLLOW-THROUGH

Questions a Trusted Person Can Ask

- ☐ What feels most true right now?
- ☐ What do you believe about God in this place?
- ☐ What response would help you walk faithfully this week?
- ☐ What are you carrying alone?
- ☐ What truth from Jesus do you need to receive?
- ☐ How can I pray for you?

Practice-Specific Review

- ☐ Who did I notice that I might have missed before?
- ☐ What relationship became more honest?
- ☐ Where did I give or receive practical care?
- ☐ What one-another practice needs a repeating rhythm?

The One Thing I Will Do Next

The Person Who Will Follow Up With Me

- ☐ We will reconnect within two days.
- ☐ We will reconnect next week.
- ☐ We will reconnect this week.
- ☐ We will reconnect on this date: _____

Prayer / Notes

GUIDED PRACTICE 11 / SO THE WORLD MAY BELIEVE

So the World May Believe

Let the shared life of the Church make visible the message it proclaims without turning unity into a publicity strategy.

Book Connection

Chapter Eleven: So the World May Believe

Primary Scripture

John chapter 17, verse 21

Why This Practice Matters

Connect Christian unity to witness. Hold words and deeds together, cooperate across faithful churches, and let repentance, love, truth, service, and mission point beyond the Church to Jesus.

Choose How You Are Using This Practice

- ☐ I read the matching book chapter first.
- ☐ I am using this Field Guide on its own.
- ☐ I am working through this with a trusted person, group, or leader.

How to Use This Practice

Step	What To Do
1	Read the Scripture and short teaching slowly.
2	Check the responses that feel most true.
3	Move into Word and Wonder. Let the present area of formation become visible.
4	Use the Action Blueprint and practical tool to name one faithful next step.
5	Invite a trusted person into prayer, support, or follow-through where needed.

Suggested time: 45 to 75 minutes. You do not need to solve the whole issue today. Stay with what is most important. Receive grace. Take the next faithful step.

FORMATION MOVEMENTS

What You Will Work Through

Movement	Focus	What It Helps You Notice
01	Bear Witness to Jesus	The goal is not to make our church impressive but to make Christ known.
02	Join Words and Deeds	Serve genuinely and speak clearly about Jesus when the door opens.
03	Let Shared Life Speak	Repentance, forgiveness, truth, protection, and love can make the reconciling work of Christ visible.
04	Carry Mission Together	Receive the gifts of the body, cooperate where possible, and refuse to treat people as projects.

BEFORE YOU CONTINUE

Which Movement Feels Most Important in My Present Season?

What Question, Relationship, or Concern Do I Want to Carry Into This Practice?

WORD • WONDER

Receive and Reflect

Begin with Scripture, then reflect honestly on where its truth meets your life. The next pages move into Walk, where reflection becomes faithful response.

Word

Reading: John chapter 17, verse 21. Open the passage in your Bible. Read it once without writing. Read it a second time and notice what it reveals about God, Jesus, His Church, people, and faithful life together.

Jesus connects the unity of His people with the world's encounter with His mission.	Unity is not a public-relations strategy.
The gospel remains true even when Christians represent it poorly.	Mission loses something when words or embodied love disappear.
People are neighbors to love, not projects to manage.	None of this guarantees that the world will believe; the Spirit opens hearts.

One Phrase or Truth I Want to Carry Forward

Wonder

Choose the responses that fit your current season. Check one or two. Then write only where a few words help you name what is true.

- ☐ I want my church to look impressive more than I want Jesus to be known.
- ☐ I speak about Jesus without enough relational love.
- ☐ A church failure may need repentance rather than image management.
- ☐ I serve people but rarely speak about the hope I have.
- ☐ I see other faithful churches mainly as competitors.
- ☐ I need to participate in mission with people whose gifts differ from mine.

The One Area I Want to Bring Honestly Before Jesus

What Do I Believe About God, Myself, or Other People in This Place?

What Truth From Scripture Do I Need to Receive?

WALK • THE ACTION BLUEPRINT

Make the Condition Visible

Walk turns reflection into faithful response. Begin by making the present condition visible.

Begin the Walk

Score the statements honestly. This is not a grade or a verdict. The Action Blueprint helps you see where support, conversation, or a clearer practice may be needed before choosing the next faithful step.

HOW TO SCORE

Think about your ordinary pattern during the past thirty days. Choose the number that is most true, not the number you wish were true. A lower score is not failure. It helps you identify where honest attention and one faithful next step are needed.

Statement	Score
I can explain the gospel clearly without treating people as targets or projects.	1 2 3 4
My witness includes both embodied love and truthful words about Jesus.	1 2 3 4
I can recognize and cooperate with faithful churches beyond my own where appropriate.	1 2 3 4
I understand that unity serves witness without guaranteeing conversion or replacing proclamation.	1 2 3 4

My total: _____ / 16

Low | 4-6	Medium | 7-11	High | 12-16
Begin with one relationship. Ask whether love, words, or integrity is missing from the way you are bearing witness.	Witness is becoming more integrated. Strengthen one partnership, conversation, or shared act of service.	Shared witness is becoming steady. Guard against performance, competition, manipulation, and silence about Jesus.

My Next Step

I May Bring This To

WALK • PRACTICAL TOOL

Shared Witness Map

Name the people and places already around you. Look for genuine service, shared action, gospel conversation, and partnership rather than inventing a campaign.

How to use this tool: Start with one real example in each row. Use names, short phrases, recent situations, and simple observations. Do not try to complete every row. Focus on the places that help you see the present season more clearly.

AREA	WHAT TO NOTICE	WHAT TO ASK	MY NOTES / RESPONSE
Neighbor / Friend	Who is already in my life?	What does faithful presence look like?	
Work / School	Where can integrity and care become visible?	What conversation may open naturally?	
Table / Home	Who could be welcomed?	Who might join me in hospitality?	
Church Partnership	Where could faithful churches cooperate?	What difference does not need hostility?	
Mission Beyond Me	What people or place can I pray for, give toward, send, or go to?	What is the next shared step?	

WALK NOTE

Write only what helps you name the next faithful response. The goal is not to complete every box. It is to move from reflection into one clear act of faithfulness.

WALK • CHOOSE ONE FAITHFUL RESPONSE

Take the Next Honest Step

Walk turns what you have seen into a clear response. You do not need to solve every part of this practice today. Choose one step that helps you move toward faithfulness under Christ.

1. Name What You Are Responding To

- ☐ A relationship where I serve but never speak about Jesus.
- ☐ Competition with another church or ministry.
- ☐ A mission opportunity that should be carried with others.
- ☐ A relationship where words have outrun love.
- ☐ A failure that requires public or relational repentance.
- ☐ A neighbor or coworker I need to love without treating as a project.

2. Choose One Faithful Response

- ☐ Pray by name for one person who does not yet follow Jesus.
- ☐ Prepare a simple, clear explanation of the hope you have in Christ.
- ☐ Encourage a faithful church or ministry outside your own.
- ☐ Ask how your local church can bless the community without needing recognition.
- ☐ Share a meal or meaningful time with someone without turning the interaction into a sales pitch.
- ☐ Invite another believer to serve or witness with you.
- ☐ Make one repair where your Christian witness has been contradicted by your behavior.
- ☐ Support one missionary, church, or ministry beyond your immediate circle.

3. Make It Simple Enough to Follow Through

My First Step

- ☐ I will begin today.
- ☐ I will begin this week.
- ☐ I will begin within two days.
- ☐ I will begin on this date: _____

The Person Who Can Help Me

WALK • PRAYER AND COMMUNITY

Bring This Into a Faithful Conversation

4. Name What You Hope God Will Grow

- ☐ Honesty
- ☐ Courage
- ☐ Humility
- ☐ Repair
- ☐ Clarity
- ☐ Peace
- ☐ Trust
- ☐ Faithfulness
- ☐ A stronger rhythm
- ☐ Hope

MY PRAYER

Jesus, make our shared life point beyond us to You. Keep us from performance, competition, manipulation, and silence. Let our love, repentance, service, truth, and words make the gospel visible while we trust the Spirit with the response.

WALK • WITH A TRUSTED PERSON

Bring This Into a Faithful Conversation

Walk is strengthened by faithful community. Use this page when you need someone to listen, pray, ask honest questions, protect safety, test assumptions, or help you follow through.

What Kind of Support Do You Need?

- ☐ Someone to listen without fixing.
- ☐ Someone to ask honest questions.
- ☐ A follow-up conversation this week.
- ☐ Someone to pray with me.
- ☐ Help deciding what to do next.
- ☐ Pastoral or professional support.

Share in Three Simple Parts

Part	What to Share
1. What is happening?	Name the question, pressure, difference, relationship, suffering, harm, or concern.
2. What am I believing or doing?	Name the belief, fear, response, pattern, certainty, or place where faithfulness is difficult.
3. What is Jesus inviting?	Name the truth, surrender, confession, care step, boundary, repair, or faithful next step.

WALK • FOLLOW-THROUGH

Questions a Trusted Person Can Ask

- ☐ What feels most true right now?
- ☐ What do you believe about God in this place?
- ☐ What response would help you walk faithfully this week?
- ☐ What are you carrying alone?
- ☐ What truth from Jesus do you need to receive?
- ☐ How can I pray for you?

Practice-Specific Review

- ☐ Did I love someone as a neighbor rather than a project?
- ☐ What partnership or shared action became possible?
- ☐ Where did words and deeds stay together?
- ☐ What part of my witness still needs repentance or courage?

The One Thing I Will Do Next

The Person Who Will Follow Up With Me

- ☐ We will reconnect within two days.
- ☐ We will reconnect next week.
- ☐ We will reconnect this week.
- ☐ We will reconnect on this date: _____

Prayer / Notes

GUIDED PRACTICE 12 / A PEOPLE FROM EVERY NATION

A People From Every Nation

Live toward the future in which every nation is gathered before the Lamb without making your culture, nation, or tradition the center.

Book Connection

Chapter Twelve: A People From Every Nation

Primary Scripture

Revelation chapter 7, verses 9 through 10

Why This Practice Matters

Let the final gathering widen your vision of the Church. Receive redeemed diversity, global family, future hope, and present faithfulness under the Lamb who alone stands at the center.

Choose How You Are Using This Practice

- ☐ I read the matching book chapter first.
- ☐ I am using this Field Guide on its own.
- ☐ I am working through this with a trusted person, group, or leader.

How to Use This Practice

Step	What To Do
1	Read the Scripture and short teaching slowly.
2	Check the responses that feel most true.
3	Move into Word and Wonder. Let the present area of formation become visible.
4	Use the Action Blueprint and practical tool to name one faithful next step.
5	Invite a trusted person into prayer, support, or follow-through where needed.

Suggested time: 45 to 75 minutes. You do not need to solve the whole issue today. Stay with what is most important. Receive grace. Take the next faithful step.

FORMATION MOVEMENTS

What You Will Work Through

Movement	Focus	What It Helps You Notice
01	Keep the Lamb at the Center	The final multitude is gathered by redemption, not by one culture finally winning.
02	Receive the Wider Church	Believers from nations, languages, histories, and traditions you may never know are already family in Christ.
03	Hold Earthly Loyalties Beneath Jesus	Love country, culture, and history without using them to decide who belongs at the throne.
04	Live the Future Now	Let future hope produce ordinary acts of humility, mission, welcome, and faithfulness today.

BEFORE YOU CONTINUE

Which Movement Feels Most Important in My Present Season?

What Question, Relationship, or Concern Do I Want to Carry Into This Practice?

WORD • WONDER

Receive and Reflect

Begin with Scripture, then reflect honestly on where its truth meets your life. The next pages move into Walk, where reflection becomes faithful response.

Word

Reading: Revelation chapter 7, verses 9 through 10. Open the passage in your Bible. Read it once without writing. Read it a second time and notice what it reveals about God, Jesus, His Church, people, and faithful life together.

The final picture of God's people is a multitude from every nation before the Lamb.	Difference is not erased; Jesus is the center.
No region, nation, denomination, or culture owns Christianity.	The global Church can expose assumptions our local experience cannot.
Our hope does not depend on solving every end-times detail.	Small acts of faithfulness fit the future Jesus is bringing.

One Phrase or Truth I Want to Carry Forward

Wonder

Choose the responses that fit your current season. Check one or two. Then write only where a few words help you name what is true.

- ☐ I imagine Christianity mainly through my own national or cultural experience.
- ☐ Politics or national identity makes it harder to recognize another believer as family.
- ☐ End-times questions create more anxiety than hope.
- ☐ I speak about another part of the global Church with stereotypes.
- ☐ I know little about Christians outside my region.
- ☐ The future gathering feels distant from the way I treat people in my local church.

The One Area I Want to Bring Honestly Before Jesus

What Do I Believe About God, Myself, or Other People in This Place?

What Truth From Scripture Do I Need to Receive?

WALK • THE ACTION BLUEPRINT

Make the Condition Visible

Walk turns reflection into faithful response. Begin by making the present condition visible.

Begin the Walk

Score the statements honestly. This is not a grade or a verdict. The Action Blueprint helps you see where support, conversation, or a clearer practice may be needed before choosing the next faithful step.

HOW TO SCORE

Think about your ordinary pattern during the past thirty days. Choose the number that is most true, not the number you wish were true. A lower score is not failure. It helps you identify where honest attention and one faithful next step are needed.

Statement	Score
I can see my local church as part of a people much larger than my nation, culture, or tradition.	1 2 3 4
I can honor cultural difference while keeping every culture beneath Christ's lordship.	1 2 3 4
I can hold political and national loyalties beneath my belonging to Jesus.	1 2 3 4
The future gathering before the Lamb strengthens present mission, humility, and local faithfulness.	1 2 3 4

My total: _____ / 16

Low | 4-6	Medium | 7-11	High | 12-16
Widen the horizon. Learn from one part of the global Church and name one earthly loyalty that needs to remain beneath Jesus.	The wider Church is becoming more concrete. Strengthen one relationship, prayer rhythm, or mission practice beyond your familiar circle.	The final gathering is shaping present faithfulness. Guard humility and keep bringing the global vision back into local love.

My Next Step

I May Bring This To

WALK • PRACTICAL TOOL

One People Horizon Map

Connect the final gathering with the people and loyalties in your present life. Let the Lamb, not your familiar world, define the center.

How to use this tool: Start with one real example in each row. Use names, short phrases, recent situations, and simple observations. Do not try to complete every row. Focus on the places that help you see the present season more clearly.

AREA	WHAT TO NOTICE	WHAT TO ASK	MY NOTES / RESPONSE
Local Church	Who has God placed near me?	How can I love them faithfully now?	
Another Tradition	What grace can I recognize beyond my own?	What conviction can remain without hostility?	
Another Nation / Culture	What can I learn from believers elsewhere?	How can I pray, give, go, or listen?	
Earthly Loyalty	What nation, party, culture, or identity competes for highest allegiance?	What does it mean to place it beneath Jesus?	
Future Hope	What does the final gathering promise?	What present action fits that future?	

WALK NOTE

Write only what helps you name the next faithful response. The goal is not to complete every box. It is to move from reflection into one clear act of faithfulness.

WALK • CHOOSE ONE FAITHFUL RESPONSE

Take the Next Honest Step

Walk turns what you have seen into a clear response. You do not need to solve every part of this practice today. Choose one step that helps you move toward faithfulness under Christ.

1. Name What You Are Responding To

- ☐ A stereotype about another part of the Church.
- ☐ A global Christian community I know little about.
- ☐ A local relationship where the future gathering should change my posture.
- ☐ A national or political loyalty that has become too central.
- ☐ An end-times question I need to hold with humility.
- ☐ A mission practice I want to strengthen.

2. Choose One Faithful Response

- ☐ Pray for believers in a country or region you rarely think about.
- ☐ Give toward gospel work beyond your local context.
- ☐ Write one sentence explaining why no earthly nation owns the Church.
- ☐ Read Revelation chapters 5, 7, 21, and 22 slowly without building a timeline.
- ☐ Learn from a faithful Christian voice outside your culture or tradition.
- ☐ Refuse one stereotype, joke, or dismissive label about another Christian culture.
- ☐ Serve someone in your local church whose life is different from yours.
- ☐ Ask how the future before the Lamb should reshape one present loyalty.

3. Make It Simple Enough to Follow Through

My First Step

- ☐ I will begin today.
- ☐ I will begin this week.
- ☐ I will begin within two days.
- ☐ I will begin on this date: _____

The Person Who Can Help Me

WALK • PRAYER AND COMMUNITY

Bring This Into a Faithful Conversation

4. Name What You Hope God Will Grow

- ☐ Honesty
- ☐ Courage
- ☐ Humility
- ☐ Repair
- ☐ Clarity
- ☐ Peace
- ☐ Trust
- ☐ Faithfulness
- ☐ A stronger rhythm
- ☐ Hope

MY PRAYER

Jesus, You are the Lamb at the center of Your people. Keep my nation, culture, tradition, and preferences beneath Your lordship. Teach me to love the people near me while receiving the wider Church You are gathering from every nation.

WALK • WITH A TRUSTED PERSON

Bring This Into a Faithful Conversation

Walk is strengthened by faithful community. Use this page when you need someone to listen, pray, ask honest questions, protect safety, test assumptions, or help you follow through.

What Kind of Support Do You Need?

- ☐ Someone to listen without fixing.
- ☐ Someone to ask honest questions.
- ☐ A follow-up conversation this week.
- ☐ Someone to pray with me.
- ☐ Help deciding what to do next.
- ☐ Pastoral or professional support.

Share in Three Simple Parts

Part	What to Share
1. What is happening?	Name the question, pressure, difference, relationship, suffering, harm, or concern.
2. What am I believing or doing?	Name the belief, fear, response, pattern, certainty, or place where faithfulness is difficult.
3. What is Jesus inviting?	Name the truth, surrender, confession, care step, boundary, repair, or faithful next step.

WALK • FOLLOW-THROUGH

Questions a Trusted Person Can Ask

- ☐ What feels most true right now?
- ☐ What do you believe about God in this place?
- ☐ What response would help you walk faithfully this week?
- ☐ What are you carrying alone?
- ☐ What truth from Jesus do you need to receive?
- ☐ How can I pray for you?

Practice-Specific Review

- ☐ What part of the wider Church became more real to me?
- ☐ How did future hope change one present relationship or decision?
- ☐ What earthly loyalty needed to move beneath Jesus?
- ☐ What global or local practice will continue?

The One Thing I Will Do Next

The Person Who Will Follow Up With Me

- ☐ We will reconnect within two days.
- ☐ We will reconnect next week.
- ☐ We will reconnect this week.
- ☐ We will reconnect on this date: _____

Prayer / Notes

REUSABLE FIELD TOOLS

The Unity Field Toolkit

Use these pages after the Guided Practices as repeatable tools for real conversations, church seasons, group work, and follow-through.

TOOL	BEST USE
105 Weight of the Issue Discernment Grid	Use before deciding whether an issue is gospel-central, church-shaping, conscience-related, or mainly a method or preference.
106 Truth + Love Conversation Canvas	Prepare for a difficult conversation without misrepresentation, contempt, or vague avoidance.
107 Forgiveness, Reconciliation, Trust, Access, and Leadership	Keep relational categories distinct so mercy is not used to force closeness or leadership restoration.
108 Safety + Accountability Decision Guide	Use when conflict may involve abuse, coercion, danger, crime, exploitation, or harmful leadership.
109 One Another Rule of Life	Turn shared belonging into repeatable weekly and monthly practices.
110 Shared Witness Plan	Coordinate prayer, hospitality, service, partnership, gospel conversation, and mission.
111 Thirty-Day Unity Practice	A practical month of small acts that reinforce the book's formation movement.
112 Closing Assessment	Retake the baseline and name what changed.
113 Ninety-Day Unity Plan	Protect the practices that need to continue after the guide is finished.
114 Closing Prayer	End before Jesus, not before a scorecard.

HIGH-VALUE USE

Print these pages separately for retreats, elder meetings, leadership cohorts, small groups, staff conversations, or personal review. The field guide is designed to be revisited, not merely completed once.

REUSABLE TOOL 01

Weight of the Issue Discernment Grid

Slow down before you decide what a disagreement requires.

IMPORTANT

The categories below are aids, not inspired labels. An issue may carry more than one kind of weight, and serious harm or clear sin should never be reduced to a conscience or preference question.

KIND OF WEIGHT	QUESTIONS TO ASK	POSSIBLE RESPONSE
Gospel / Core	Does this deny or distort who Jesus is, what He has done, or the good news the apostles proclaim?	Clear biblical conviction and, where necessary, a firm boundary.
Church-Shaping Conviction	Does this significantly shape worship, leadership, membership, sacramental practice, or ministry structure?	Serious study; organizational distinction may be appropriate without hostility.
Conscience / Disputable Matter	Can faithful believers act differently before the Lord without violating a clear command?	Do not despise, pressure, or judge arrogantly; allow conscience to remain under Scripture.
Method / Preference	Is this mainly style, timing, format, strategy, culture, personality, or custom?	Hold lightly. Surrender preference when love and mission call for it.

Before You Decide

- ☐ What does Scripture clearly say?
- ☐ How certain should I be?
- ☐ Who is affected?
- ☐ Is anyone being harmed?
- ☐ What am I inferring?
- ☐ What changes if I am wrong?
- ☐ Is conscience involved?
- ☐ Am I protecting truth or protecting pride?

The Issue I Am Weighing

The Weight I Think It Carries and Why

The Response That Best Fits That Weight

REUSABLE TOOL 02

Truth + Love Conversation Canvas

Prepare to speak clearly without contempt and listen without surrendering conviction.

AREA	QUESTION 1	QUESTION 2	NEXT MOVE
Issue	What needs to be addressed?	What do I know directly?	What is the clearest sentence I can say?
Scripture	What does Scripture clearly establish?	What am I inferring or applying?	How strong should my claim be?
Other Person	What do they actually believe / intend?	What do I still need to ask?	How can I describe their view fairly?
My Heart	What am I afraid of or trying to control?	Where could pride distort me?	What do I need to surrender?
Love's Goal	What good am I seeking?	What would contempt sound like?	What would courage sound like?

Conversation Commitments

- ☐ I will not exaggerate.
- ☐ I will ask before assuming.
- ☐ I will not use “love” to avoid clarity.
- ☐ I will not assign motives I cannot know.
- ☐ I will name Scripture accurately.
- ☐ I will not use “truth” to justify contempt.

My Opening Sentence

The Question I Need to Ask

The Follow-Up I Will Offer

REUSABLE TOOL 03

Forgiveness, Reconciliation, Trust, Access, and Leadership

Keep relational categories distinct so mercy is not weaponized and wisdom is not mistaken for bitterness.

CATEGORY	WHAT IT IS	WHAT MAY BE REQUIRED	WHAT IT IS NOT
Forgiveness	Release personal vengeance to God; remain ready to show mercy.	Can begin even when another person is not ready for repair.	Does not require restored trust or access.
Reconciliation	Relational peace built around truth and willing participation.	Ordinarily requires more than one person.	Cannot be forced by one side.
Trust	Confidence built through truthfulness, consistency, repentance, and time.	Grows gradually.	Can remain limited after forgiveness.
Access	The level of contact or relational proximity that is wise.	Can be limited for safety, health, or responsibility.	Love does not require unlimited access.
Leadership	A role requiring biblical qualification and accountable character.	Forgiveness does not automatically requalify.	Some consequences can remain even after repentance.

Which Category Am I Being Pressured to Collapse?

What Is True Right Now?

What Boundary, Repair, or Support Is Faithful?

REMEMBER

Forgiveness can coexist with grief. Peace can coexist with distance. Repentance can be genuine while consequences remain. Trust can be rebuilt only at the pace truth and consistency support.

REUSABLE TOOL 04

Safety + Accountability Decision Guide

Use when conflict may involve danger, abuse, coercion, exploitation, crime, vulnerable people, or harmful leadership.

DO NOT USE THIS AS AN EMERGENCY SUBSTITUTE

If someone is in immediate danger, or a child or vulnerable person may be at risk, contact appropriate emergency, law-enforcement, child-protection, medical, legal, or safeguarding resources. Follow applicable reporting duties.

QUESTION	FAITHFUL RESPONSE
1. Immediate danger?	If yes, move toward safety first. Do not require a private confrontation.
2. Child or vulnerable person involved?	Follow safeguarding and reporting responsibilities. Protect privacy without protecting secrecy.
3. Possible crime or serious misconduct?	Church process does not replace civil authority, legal counsel, medical care, or trained investigation.
4. Pattern or power imbalance?	Look for coercion, retaliation, intimidation, financial control, sexual misconduct, spiritual control, threats, or repeated boundary violations.
5. Who controls the process?	The accused person should not control the investigation, records, communication, or outcome.
6. What protection is needed now?	Consider contact limits, leave, removal from duties, independent oversight, documentation, and anti-retaliation measures.
7. What fairness is owed?	Hear reports responsibly, gather available evidence, avoid predetermined conclusions, and communicate within appropriate limits.

The Situation I Need Help Thinking About

Who Needs to Know or Act

The Next Protective or Accountable Step

REUSABLE TOOL 05

One Another Rule of Life

Turn shared belonging into a few repeatable practices you can actually carry.

PRACTICE	MY RHYTHM	CADENCE	WHO HELPS
Honor	Who will I notice and affirm?	Weekly	_____
Hospitality	How will I make room?	Twice monthly	_____
Burden-Bearing	Who can ask for practical help?	As needed	_____
Encouragement	Who will I strengthen intentionally?	Weekly	_____
Truth / Confession	Where will honesty stay real?	Monthly	_____
Prayer	Who will I pray with or for by name?	Weekly	_____
Generosity	What resource can I share?	Monthly	_____
Receiving	Where will I accept help?	As needed	_____

KEEP IT LIGHT

A rule of life is not a scorecard of worth. Choose a few practices that make love more concrete and sustainable. Review them when your season changes.

The Three Practices I Will Protect

The Person Who Will Review This With Me

Review Date

REUSABLE TOOL 06

Shared Witness Plan

Let love, integrity, service, gospel words, and partnership point beyond the Church to Jesus.

AREA	RELATIONSHIP	OPPORTUNITY	NEXT STEP
Person / Place	Who or where is already in our life?	What need or relationship is present?	One faithful shared action
Hospitality	Who could be welcomed?	What would genuine relationship look like?	_____
Service	What good can be done without self-promotion?	Who should help?	_____
Gospel Conversation	Where might Jesus be spoken of clearly?	What question are people already asking?	_____
Church Partnership	Who can we cooperate with?	What difference can remain without hostility?	_____
Global Mission	Where can we pray, give, send, go, or learn?	What relationship keeps mission personal?	_____

The One Person or Place We Will Prioritize

What We Will Do in the Next 30 Days

Who Will Carry It With Us

Review Date

MISSION POSTURE

People are neighbors to love, not projects to manage. Serve genuinely. Speak clearly about Jesus when the door opens. Trust the Spirit with the response.

REUSABLE TOOL 07

Thirty-Day Unity Practice

Thirty small acts to reinforce the formation movement of the book. Complete them in order or choose the ones most connected to your present season.

☐ 01 Pray John chapter 17, verse 21 slowly.	☐ 02 Thank God for one faithful church other than your own.	☐ 03 Confess one form of contempt or superiority.
☐ 04 Encourage someone whose service is mostly unseen.	☐ 05 Ask one person, “What am I missing?” and listen.	☐ 06 Represent a differing Christian view in words its adherent would recognize as fair.
☐ 07 Release one preference you have treated as a biblical requirement.	☐ 08 Pray for a believer whose politics differ from yours.	☐ 09 Make one small act of hospitality.
☐ 10 Receive help in one place you usually hide weakness.	☐ 11 Name one issue you may be over-weighting.	☐ 12 Name one issue you may be under-weighting.
☐ 13 Stop repeating one divisive rumor, label, or joke.	☐ 14 Apologize for one careless or contemptuous word.	☐ 15 Write what forgiveness means in one hard relationship and what it does not mean.
☐ 16 Keep one wise boundary without using it as revenge.	☐ 17 Ask whether anyone's safety is being overlooked in a conflict.	☐ 18 Thank a pastor or leader for a specific faithful action.
☐ 19 Pray for leaders to remain accountable and humble.	☐ 20 Carry one practical burden for someone else.	☐ 21 Invite a quieter person into a conversation or decision.
☐ 22 Name one gift you need from another member of the body.	☐ 23 Pray for the global Church in a country you rarely think about.	☐ 24 Read Revelation chapter 7 without building a timeline.
☐ 25 Serve someone without needing recognition.	☐ 26 Share why Jesus gives you hope when a natural opportunity opens.	☐ 27 Encourage another faithful church or ministry.
☐ 28 Review one disagreement and ask what love requires now.	☐ 29 Review one disagreement and ask what truth requires now.	☐ 30 End the month by thanking Jesus that His Church belongs to Him.

The Practices That Exposed the Most in Me

The Practice I Will Keep Beyond Thirty Days

CLOSING ASSESSMENT

Return to the Baseline

Use the same 1 to 4 scale. Compare without shame. The goal is not a higher score for its own sake; it is clearer truth, steadier practice, and wiser follow-through.

HOW TO SCORE
1 = Needs Attention Now. 2 = Needs Support. 3 = Growing. 4 = Strong and Steady.

FORMATION AREA	BASELINE	NOW	WHAT CHANGED?
01 The Unity We Receive	____	1 2 3 4	
02 Peace Through the Cross	____	1 2 3 4	
03 One Body, Many Members	____	1 2 3 4	
04 Walk With Humility	____	1 2 3 4	
05 Truth and Love	____	1 2 3 4	
06 What Matters Most	____	1 2 3 4	
07 When Christians Disagree	____	1 2 3 4	
08 Forgive and Pursue Peace	____	1 2 3 4	
09 Love Does Not Ignore Harm	____	1 2 3 4	
10 The One Another Life	____	1 2 3 4	
11 So the World May Believe	____	1 2 3 4	
12 A People From Every Nation	____	1 2 3 4	

The Greatest Change I Can See

The Area That Still Needs the Most Attention

The Person I Want to Thank for Walking With Me

NINETY-DAY FOLLOW-THROUGH

My Unity Rule for the Next Season

Choose a few practices worth protecting. Keep the plan light enough to carry and clear enough to review.

AREA	WHAT I WILL PROTECT	WHO HELPS	REVIEW DATE
Receive	What truth about belonging in Christ will I return to?	_____	_____
Speak	What speech / listening practice will I protect?	_____	_____
Discern	What disagreement or issue needs continued wisdom?	_____	_____
Repair	What forgiveness, truth, or reconciliation step will continue?	_____	_____
Protect	What boundary, safety, or accountability practice must remain?	_____	_____
Share Life	What one-another rhythm will I protect?	_____	_____
Witness	Who or where will I serve / speak with others?	_____	_____

The One Practice I Will Not Negotiate Away When Life Gets Busy

The Church / Group / Person I Will Stay Connected To

My Ninety-Day Review Date

REVIEW RHYTHM

At 30 days: notice what is working. At 60 days: repair what has drifted. At 90 days: retake the baseline or revisit the practices most connected to your present season.

CLOSING PRAYER

One People Before Jesus

End with the Person who holds the Church together.

Jesus, You prayed that Your people would be one. You went to the cross for sinners, brought those who were far off near, and made one body from many members. Keep me from trying to create unity through control, silence, or sameness. Teach me to receive what You have already given.

Give me humility when I am certain, courage when truth must be spoken, patience when faithful Christians disagree, and wisdom to know what kind of issue is in front of me. Make me quick to repent, slow to despise, willing to forgive, and honest about what trust, reconciliation, and repair require.

Protect Your people from harm. Keep leaders accountable. Bring darkness into the light without turning truth into spectacle. Give courage to those who need to speak, safety to those who are vulnerable, justice where wrongdoing has occurred, and mercy that never becomes an excuse for silence.

Make the one-another life visible in ordinary places. Teach us to honor, serve, carry burdens, receive help, make room, encourage, confess, give, pray, and remain close enough for love to become concrete. Let our shared life point beyond us to You.

Give me a wider vision of Your Church. Keep my congregation, tradition, culture, nation, politics, and preferences beneath Your lordship. Teach me to rejoice in Your work beyond what I know and to live toward the day when people from every nation stand together before the Lamb.

Until then, make me faithful among the people You have placed near me.

Jesus has created one people through His cross.

We are learning how to live like that is true.

MSSNL | Follow Jesus in everyday life.